ES cell culture protocol

Thawing SIGTR ES cells

1. Coat a single dish of a 6-well plate with 0.1% gelatin and aspirate off immediately before use.

- Thaw ES cells (vial contains approx. 2×10⁶ cells, equivalent to 1/2 a confluent 6well) in a 37°C water bath and add to 10 ml of pre-warmed ES cell medium. Mix well by swirling.
- 3. Pellet the cells by spinning for 3 minutes at 1200 rpm in a bench-top clinical centrifuge.
- 4. Aspirate off medium and gently resuspend cells in 5 ml of pre-warmed medium.
- 5. Transfer cell suspension to the 6-well plate and grow at 37° C in a humidified 7% CO₂ incubator.
- 6. Change medium the following day to remove dead cells and residual DMSO.

Passage and expansion of ES cell cultures

- 1. For a confluent well of a 6-well plate, aspirate medium off and wash two times with 5 ml of pre-warmed PBS.
- 2. Cover cells with 0.5 ml of 1× trypsin solution and return to 37°C incubator for 2 minutes or until cells are uniformly dispersed into small clumps.
- 3. Add 4.5 ml of medium to inactivate the trypsin.
- 4. Add 1 ml (\sim 1 × 10⁶ cells) to a freshly gelatinized 25 cm² tissue culture flask.

Freezing ES cells

- 1. Trypsinize a confluent 25 cm² flask of cells (approximately 1×10^7 cells) as described above.
- 2. Collect trypsinized cells in 9 ml of medium and pellet for 3 minutes at 1200 rpm.
- 3. Aspirate off medium and resuspend cell pellet in 2.5 ml of freshly prepared freezing medium. Aliquot 0.5 ml of cells into five cryotubes.
- 4. Freeze the vials at -80°C overnight and transfer to liquid nitrogen for long-term storage.