

Transcranial Magnetic Stimulation

Alvaro Pascual-Leone, MD, PhD

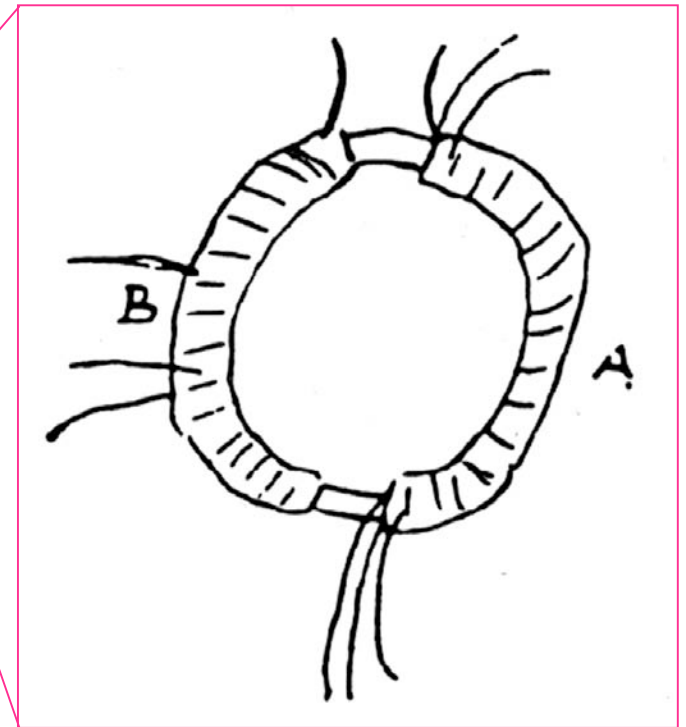
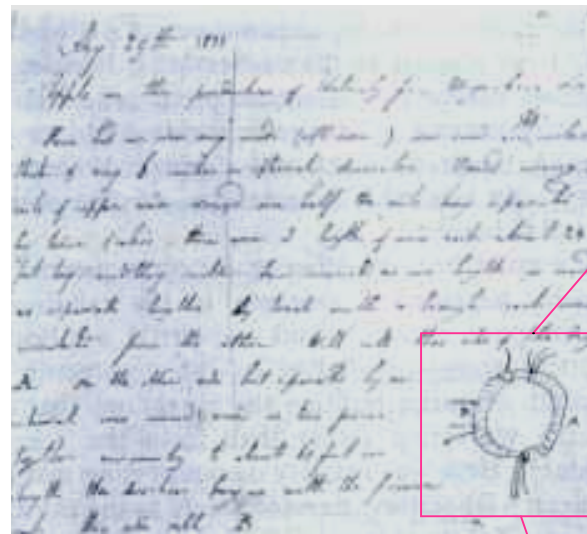
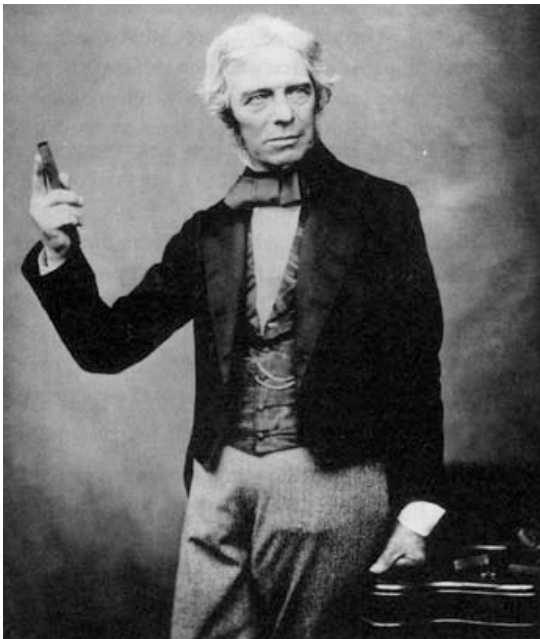
Berenson-Allen Center for Noninvasive Brain Stimulation

Beth Israel Deaconess Medical Center

Harvard Medical School

Electro-Magnetic Induction

“I think I got hold of a good thing”



M. Faraday
29 August 1831

“Modern Era”



Anthony Barker
12 February 1985



House, MD [2006 season; Fox Television]

Noninvasive Targeting of Specific Cortical Regions: Frameless Stereotaxy



TMS Terminology

- **Single pulse TMS**
 - single stimulus every 5-10 sec
- **Paired pulse TMS**
 - subthreshold stim. then suprathreshold stim.
 - stimuli separated by 1-20 msec
- **Repetitive TMS (rTMS)**
 - trains of stimuli to one brain area
 - slow = low frequency
 - fast (high freq) > 1 Hz
- **Asynchronous Repetitive TMS**
 - Intermittent or continuous Theta Burst

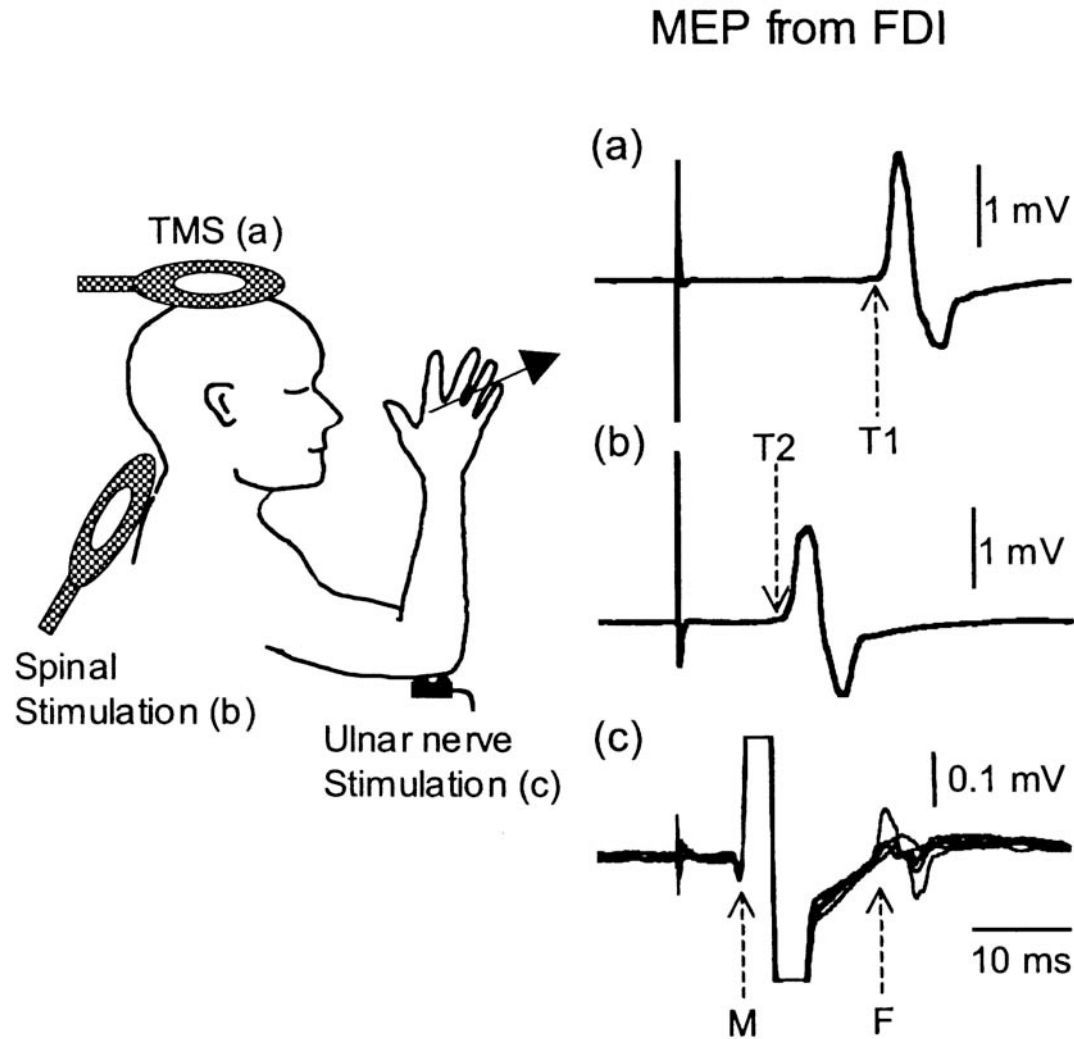
A Clinical Test

Motor Central Conduction Time

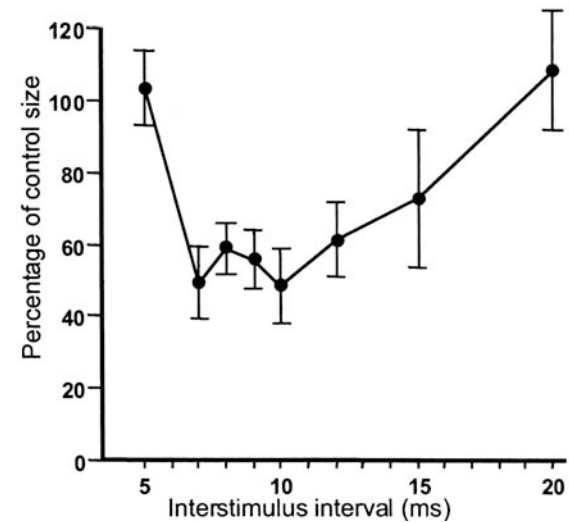
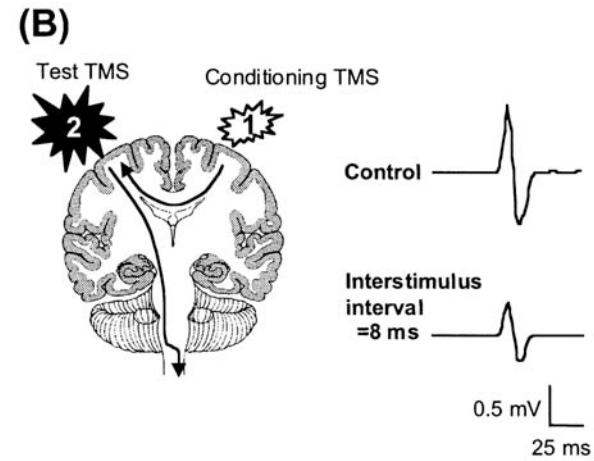
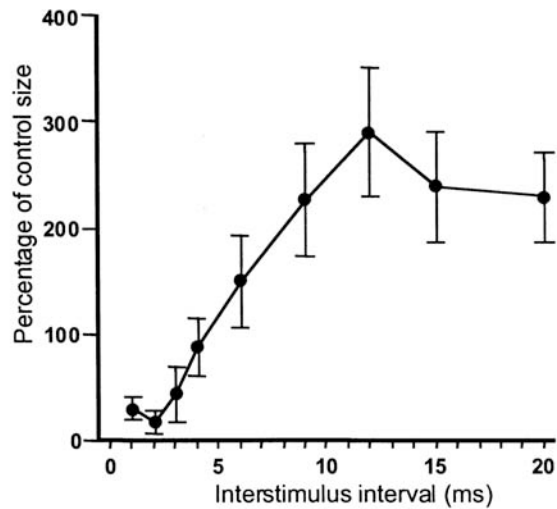
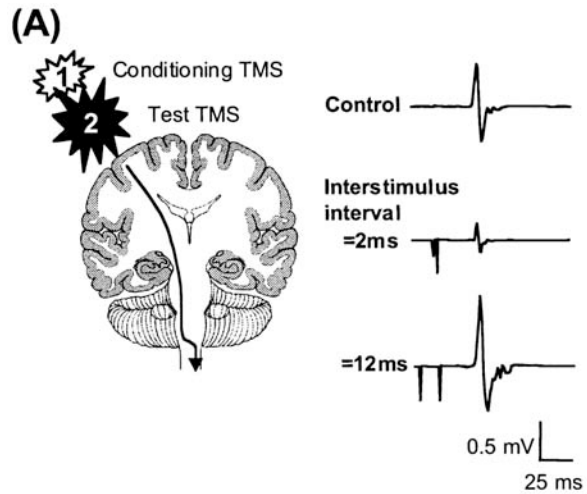


A Clinical Test

Motor Central Conduction Time



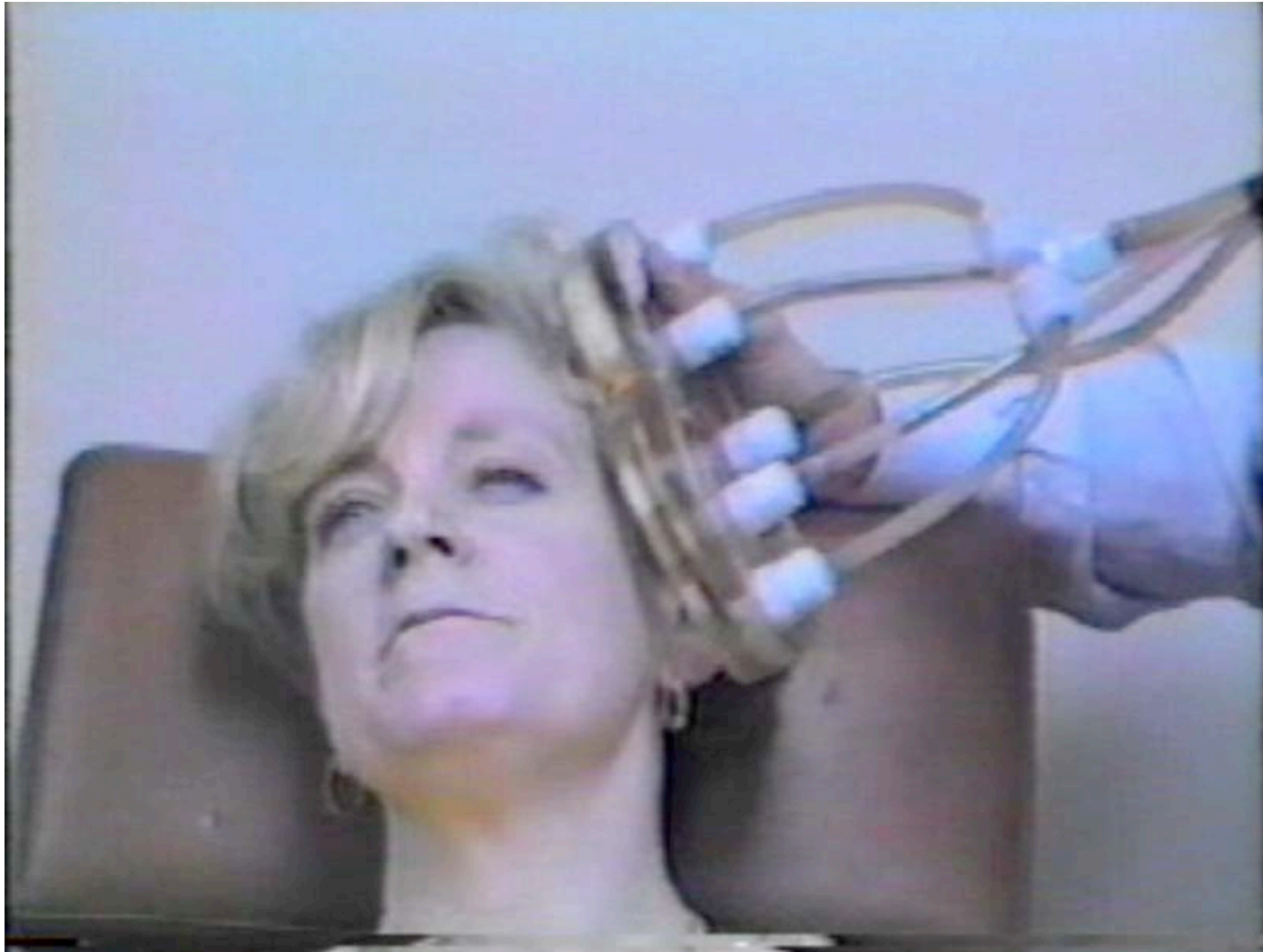
Another Clinical Test: Paired-pulse studies



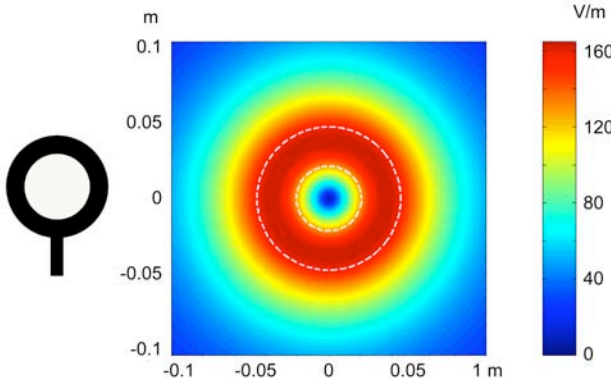
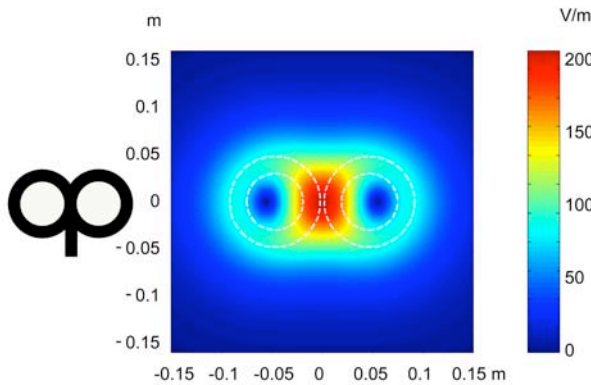
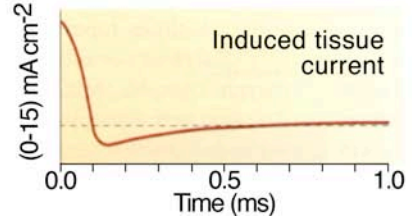
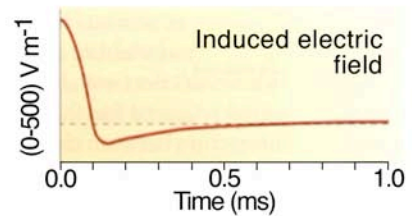
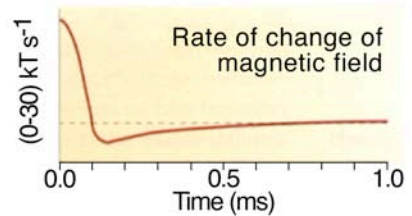
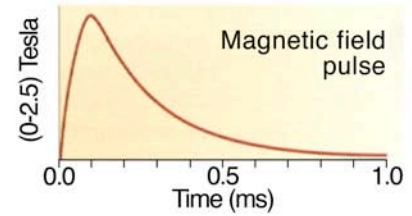
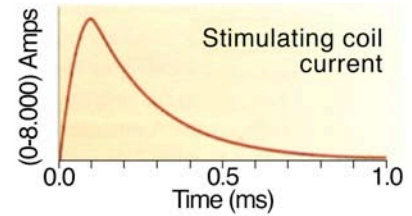
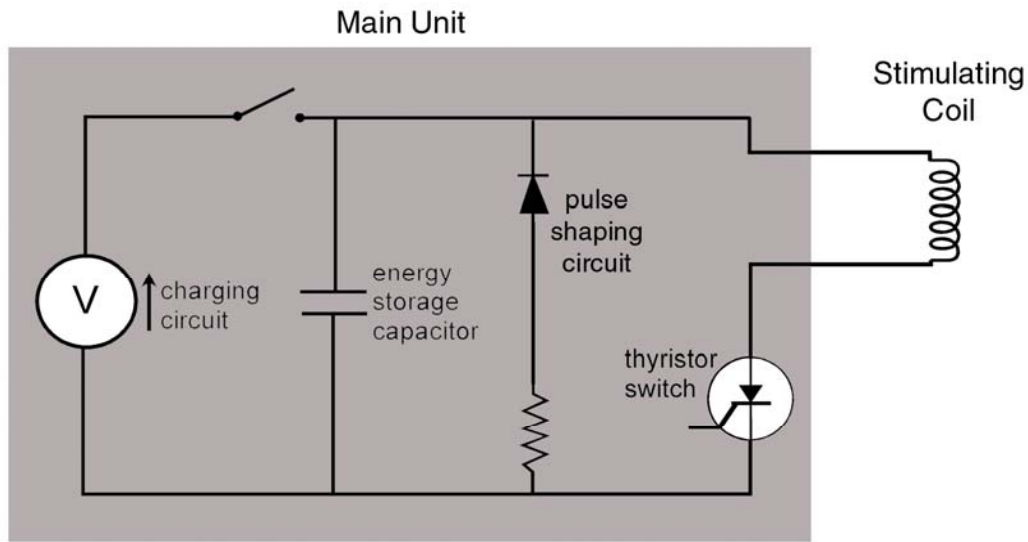
Induction of speech arrest



Induction of paraphasic errors

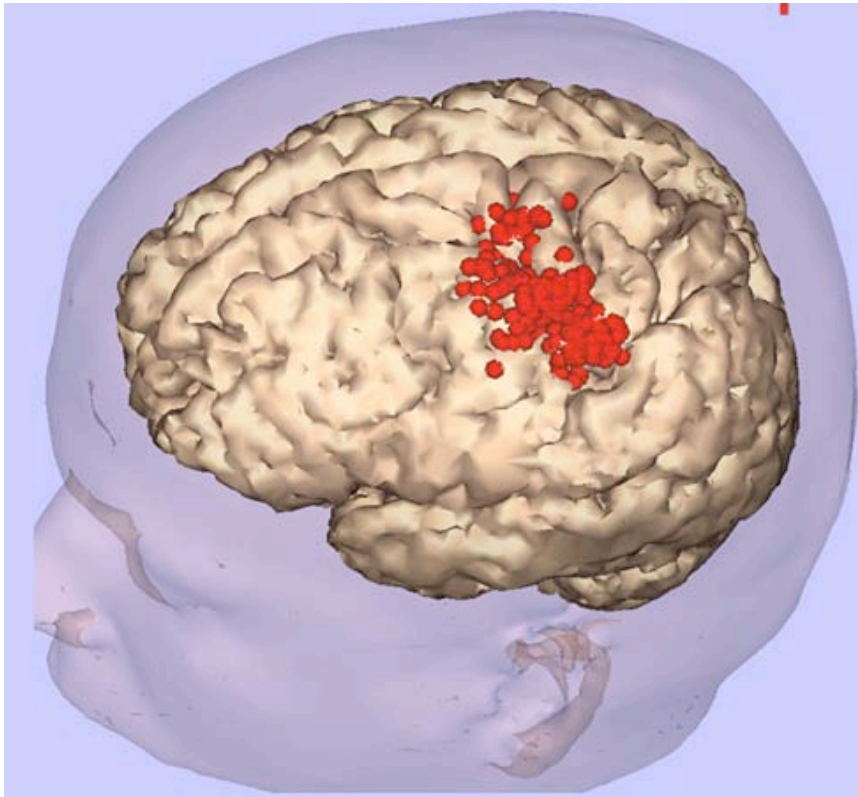


Transcranial Magnetic Stimulation (TMS)

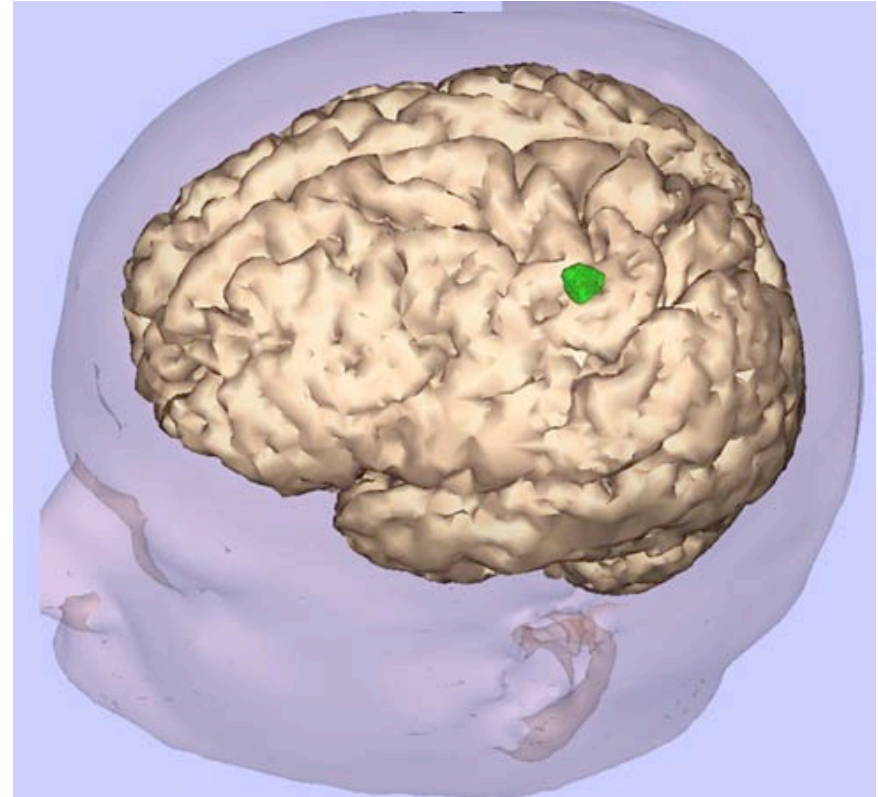


Topographic Precision

Scalp markers

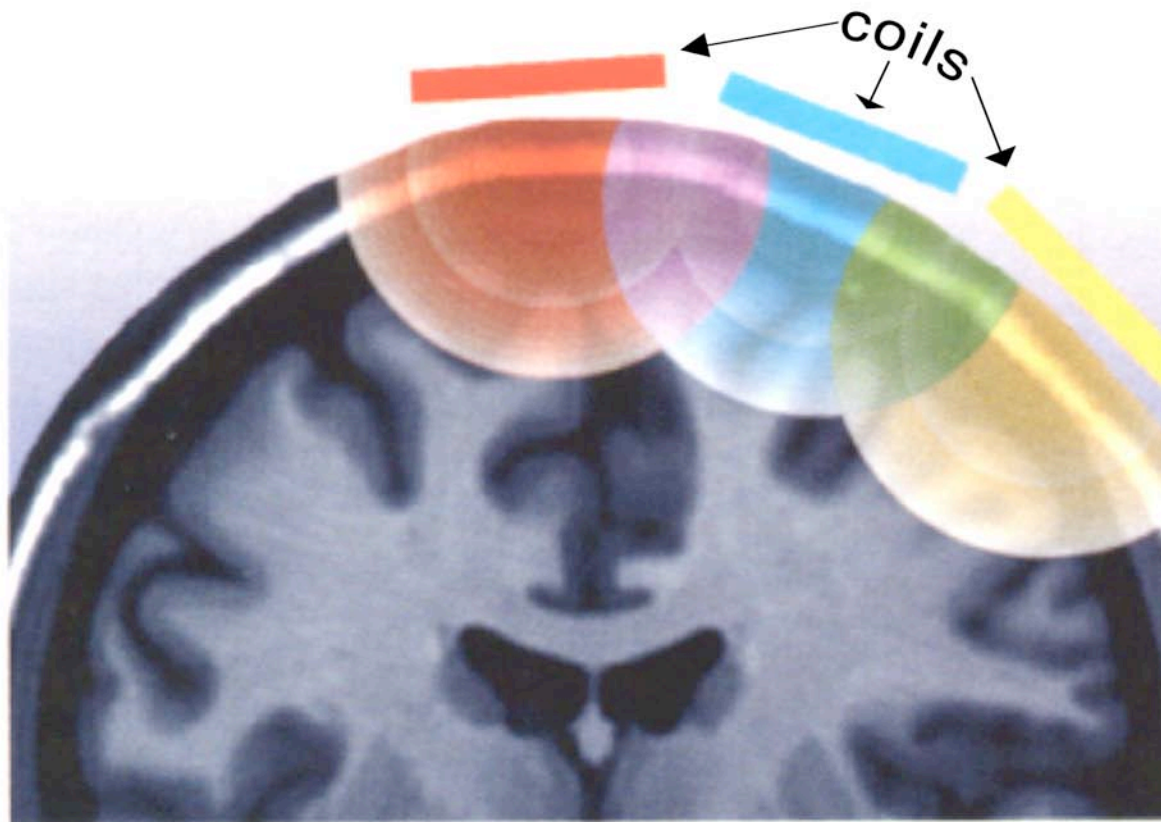


Stereotaxy

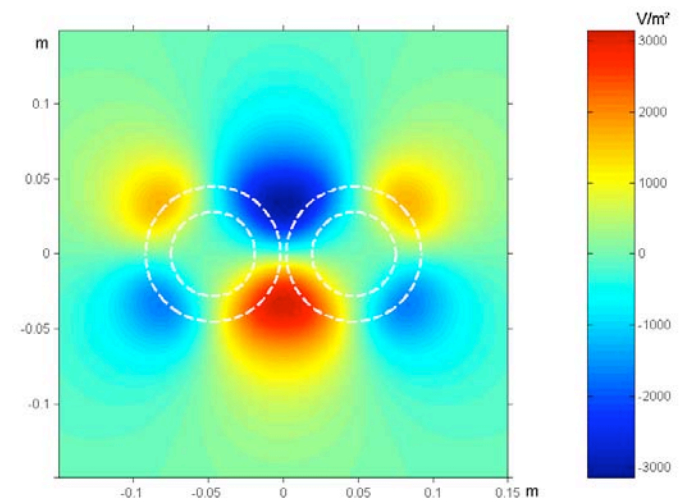
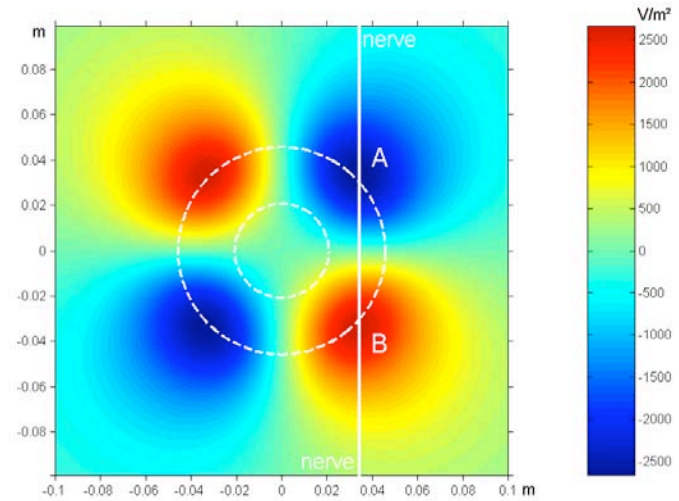
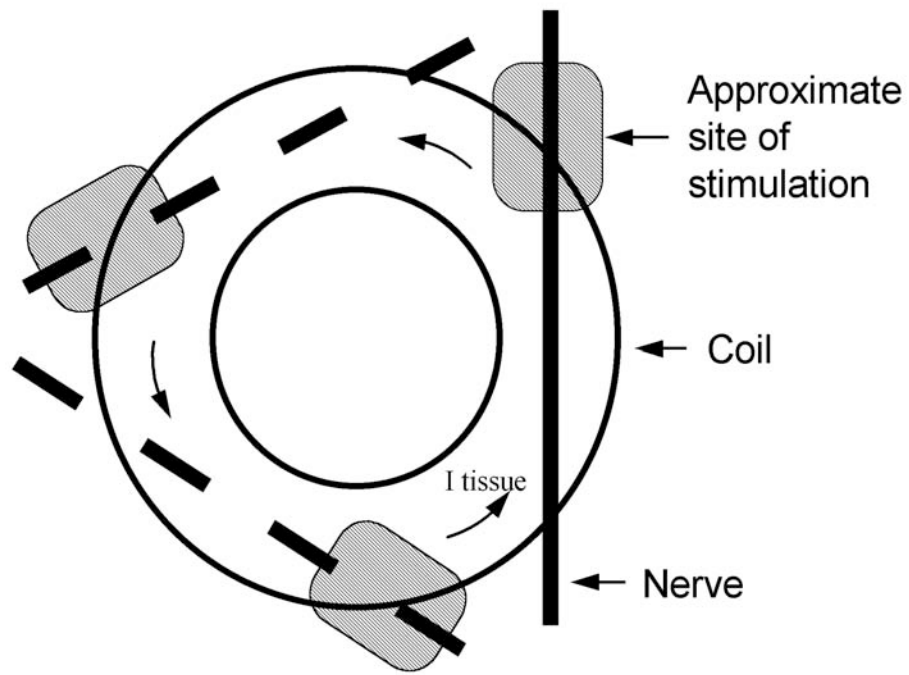


Gugino et al. *Clin Neurophysiol* 2000

Topographic resolution

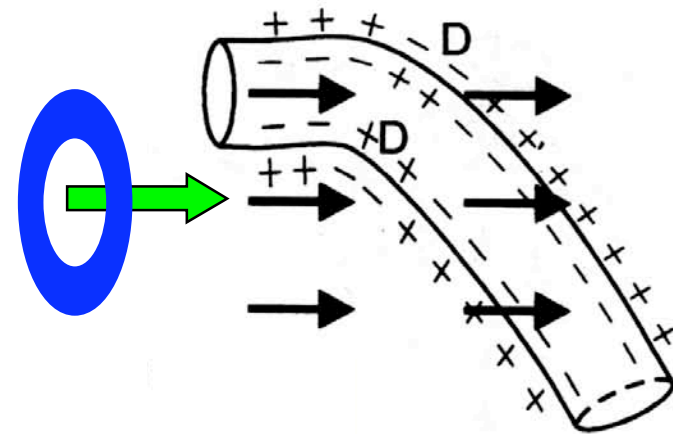
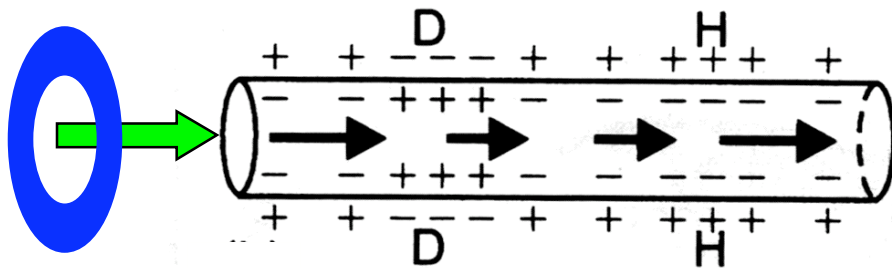
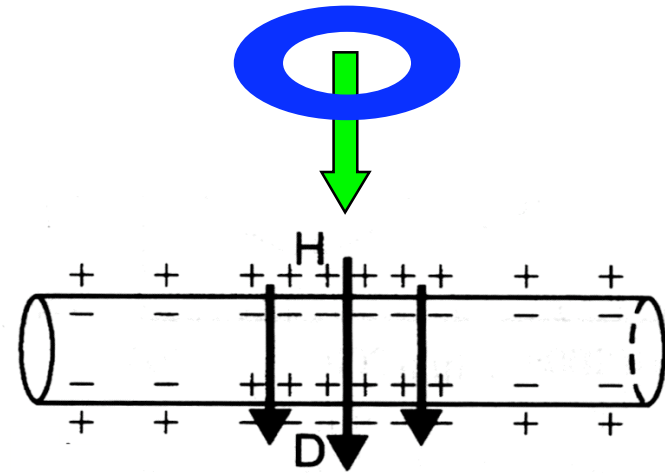
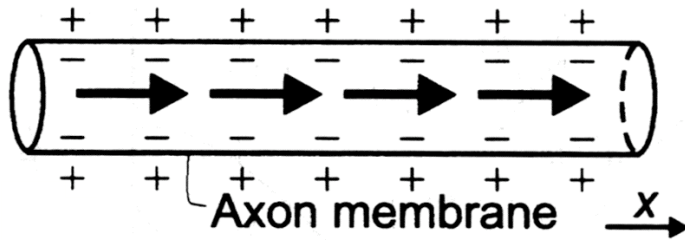


Mechanism of action



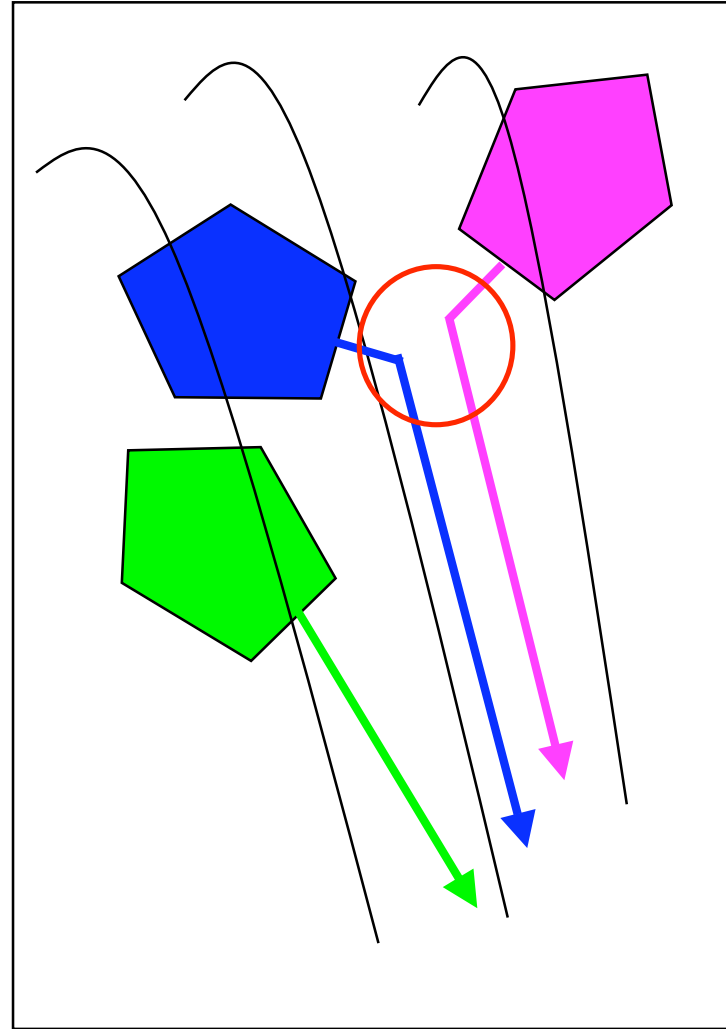
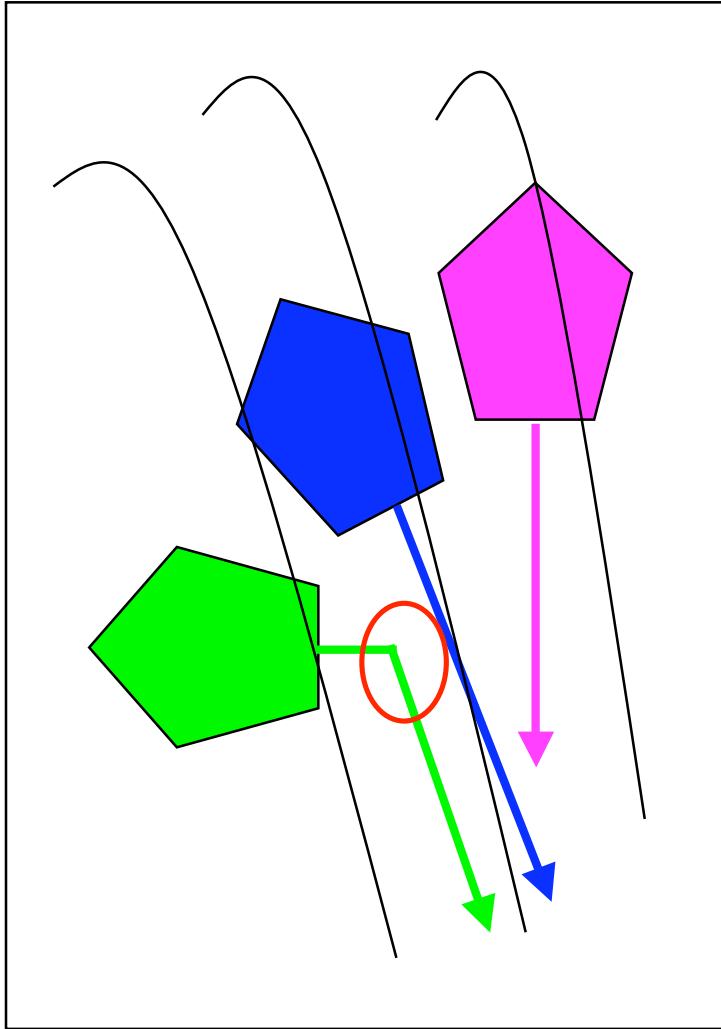
Mechanisms of action:

Interaction between induced current and axons



Mechanism of action:

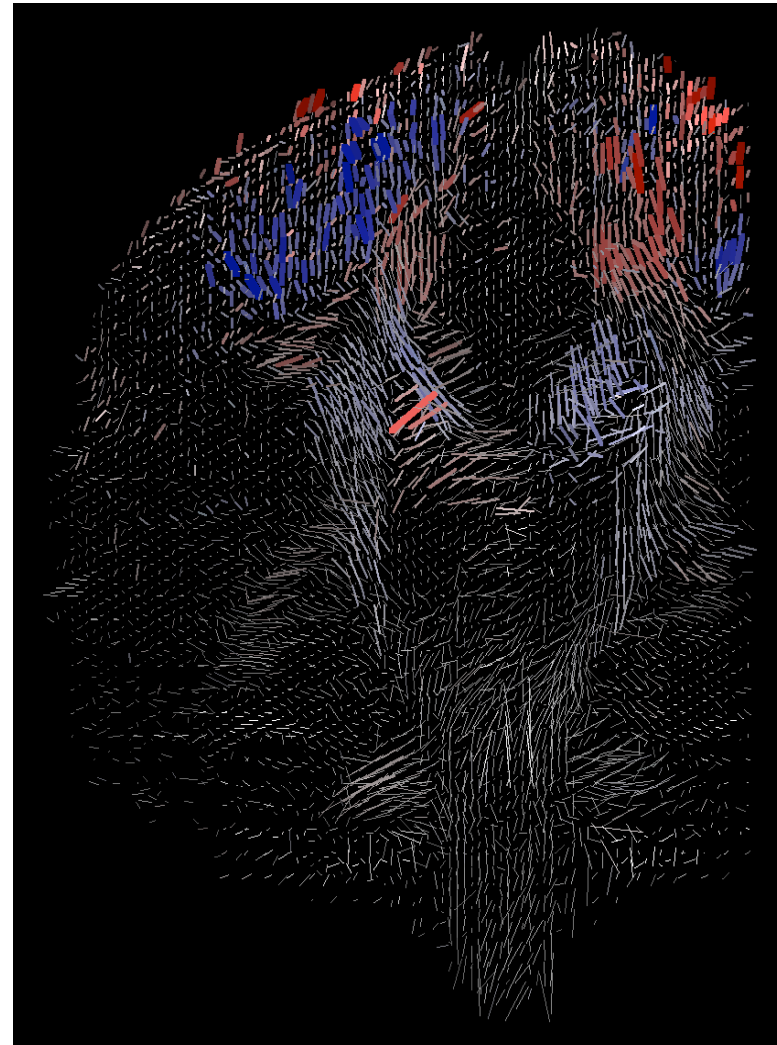
Interindividual variability



DSI-Guided TMS ?

Computed TMS
interaction with cerebral
white matter

- circular 10 cm TMS coil over vertex
- DTI of cerebral white matter orientation, coronal slab
- induced axonal EMF's computed with "antenna" model: $d\langle E, s \rangle / ds$
- red +, blue -

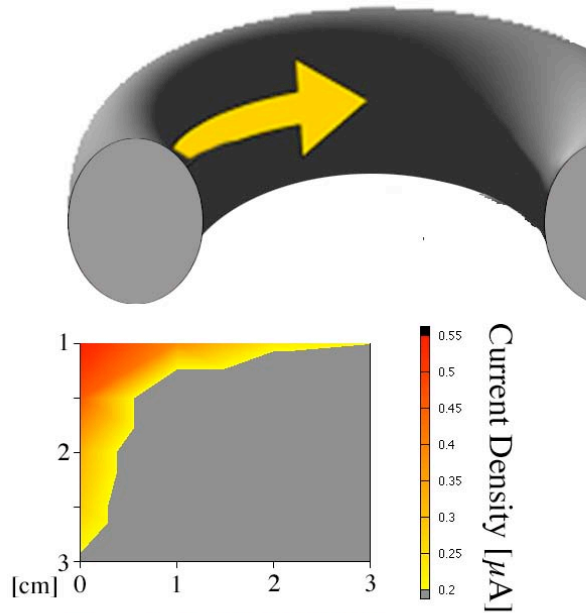


Van W vedeen et al.

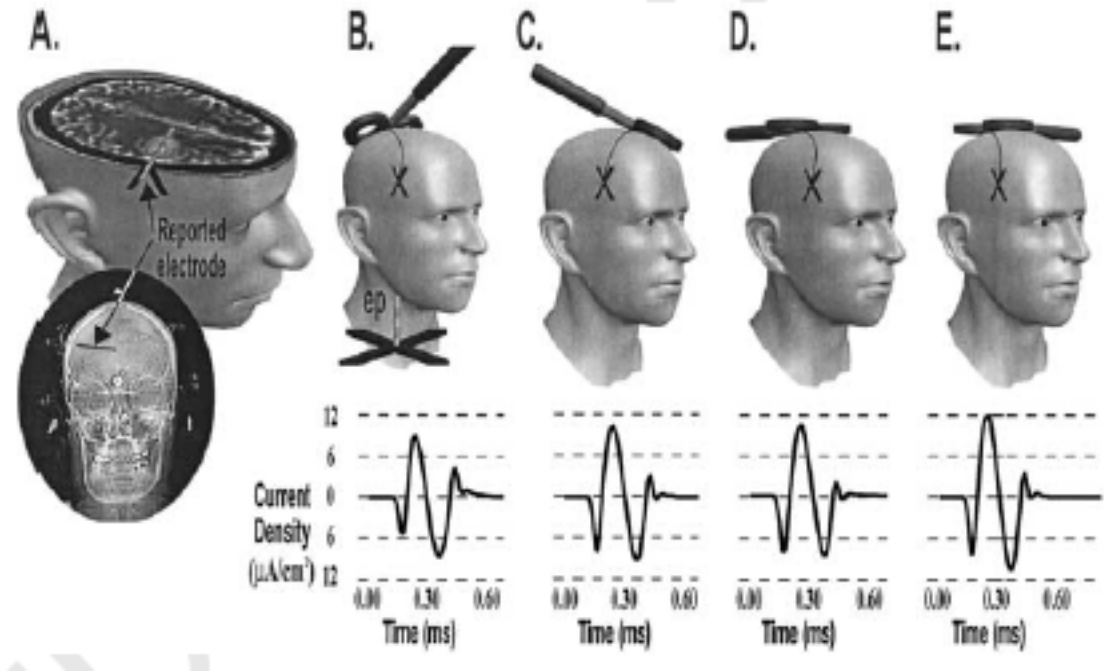


Magnitude of Induced Current

Humans: measured $12\mu\text{A}/\text{cm}^2$
1 cm from coil
7% of max. output intensity



Tay et al. IEEE 1989

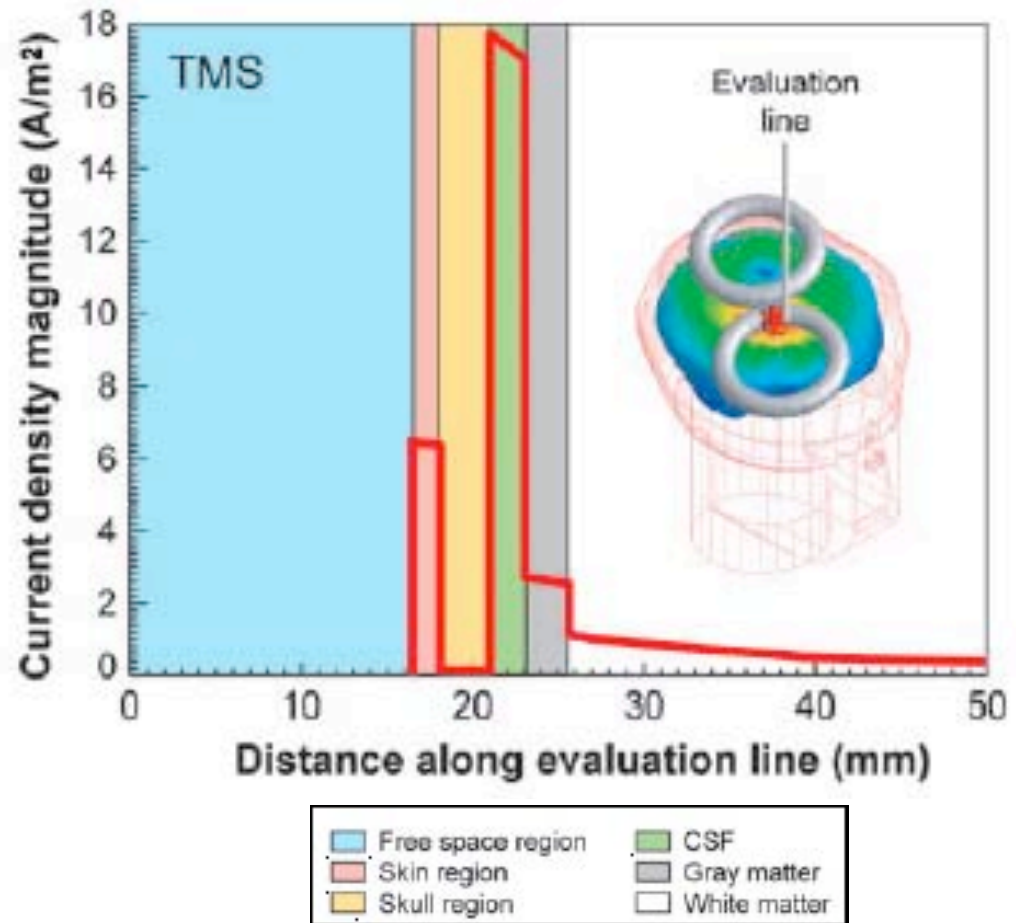
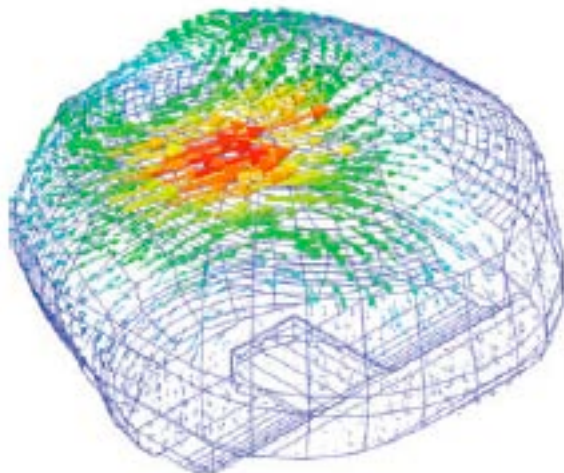
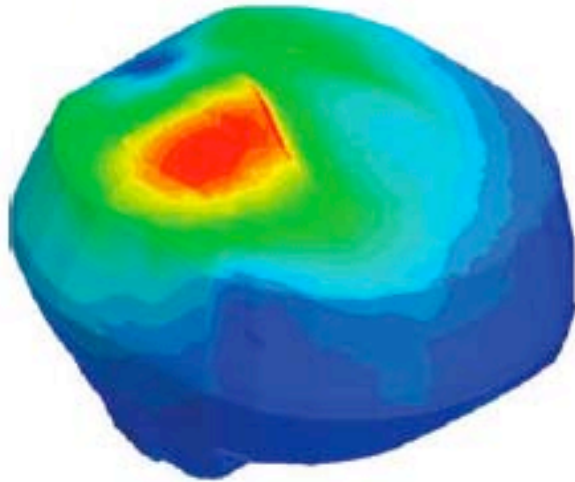


Wagner et al., *Neurosci Lett* 2003



Modeling allows to understand the influence of tissue characteristics on current distribution

Magnetic field penetrates skin, scalp and skull practically without attenuation
The induced electric field exerts the effects (electrodeless-electric stimulation)

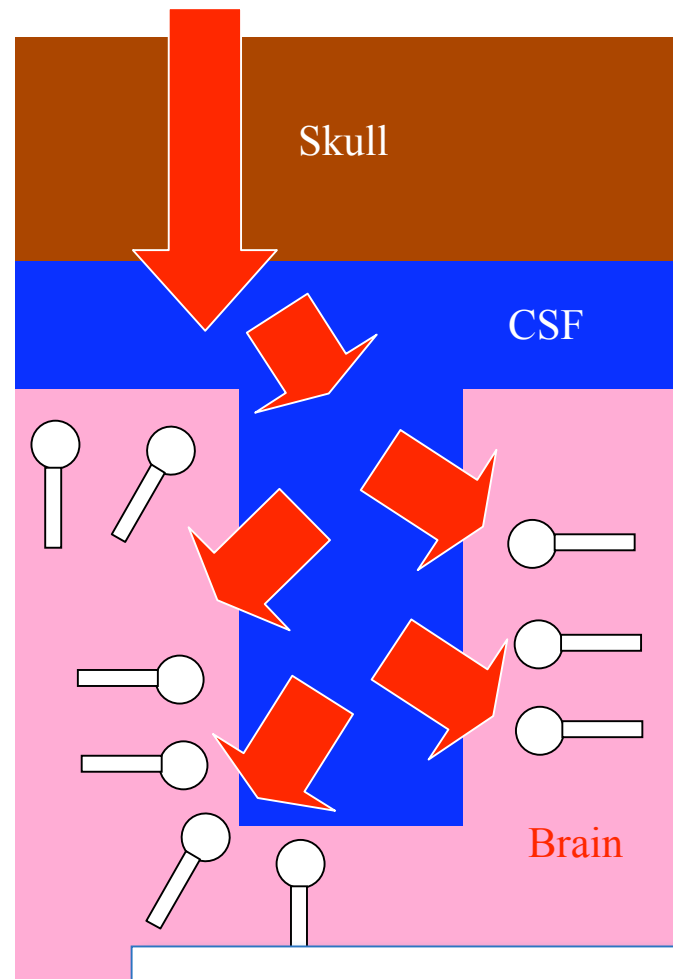


Wagner et al. *IEEE* 2005; *Neuroimage* 2006

The relationship between the current density inside and outside the brain depends on individual tissue properties.



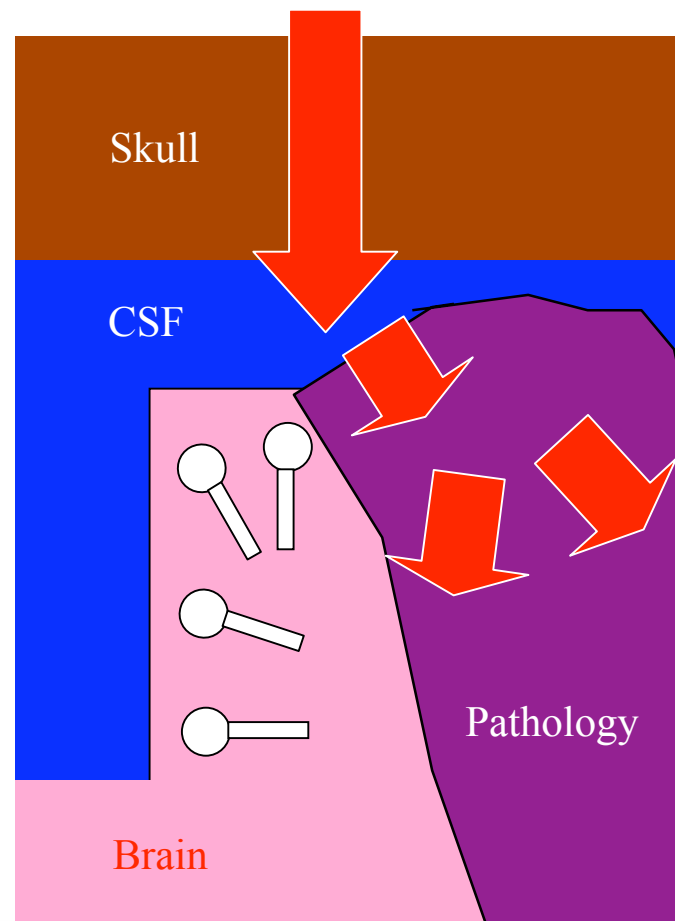
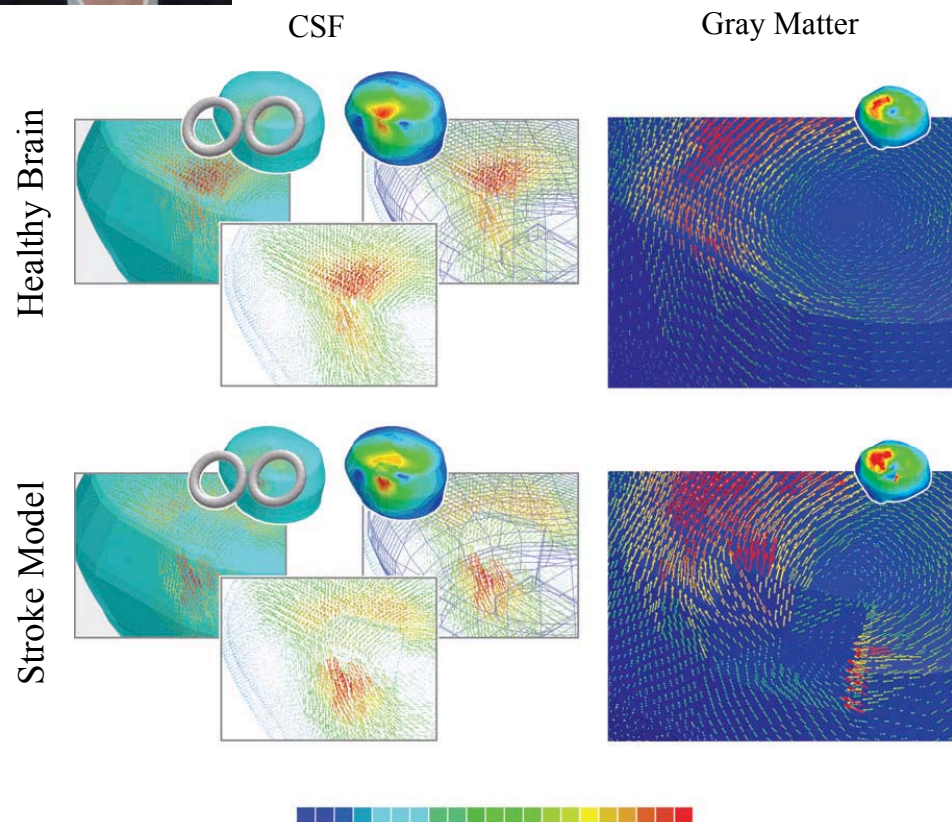
Current density varies throughout the brain due to differences in impedance and tissue geometry



... every brain is different!



Current densities in the healthy and pathological brain are not equivalent



Relevant for safety, accuracy,
and efficacy

... and every pathology is different!

Current densities in the brain are what matter

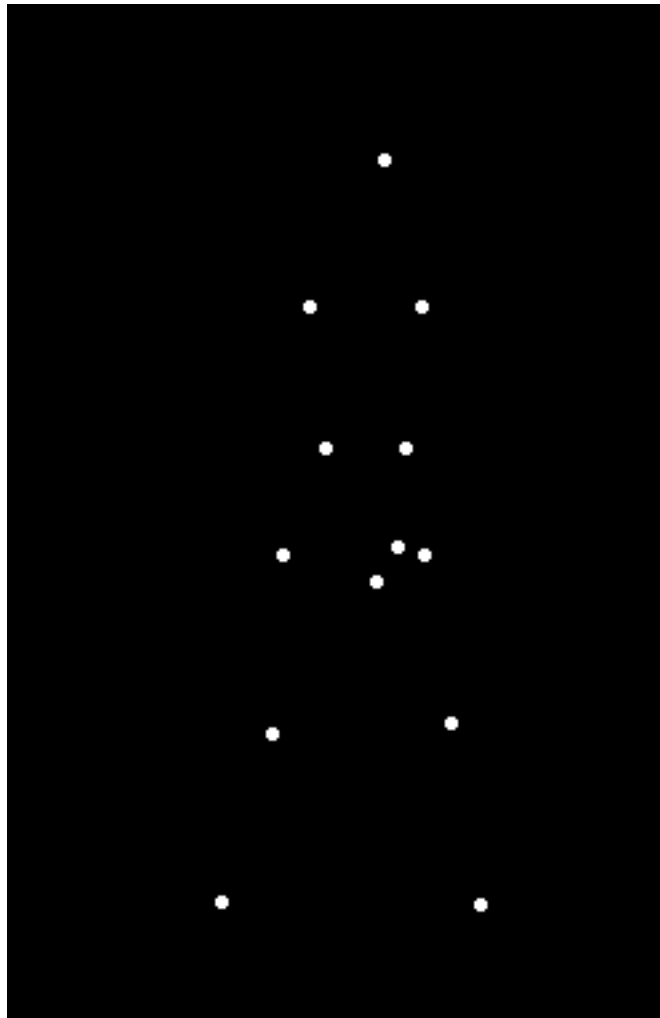
Current densities in the brain affect neural function
in a complex and state dependent manner

- At least report sufficient data to be able to allow offline
 - For TMS
 - coil position
 - coil orientation
 - coil geometry and material
 - current over time
 - available subject data
- Computational tools can be used to determine the relative focality, orientation, penetration, and intensity of current densities across subjects/studies.
- Knowing current density distribution is a necessary, but not sufficient to determine biological, behavioral, and safety effects

EFFECTS OF TMS ARISE FROM THE INTERACTION OF THE STIMULUS WITH THE TISSUE - CONSIDER TISSUE CHARACTERISTICS

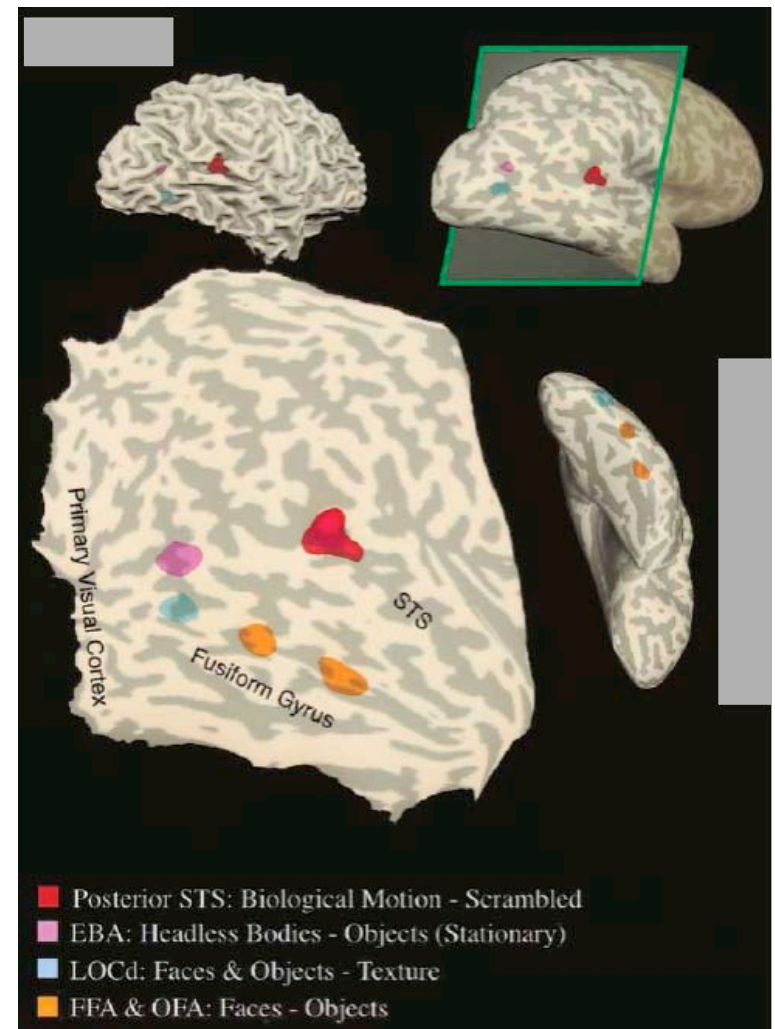
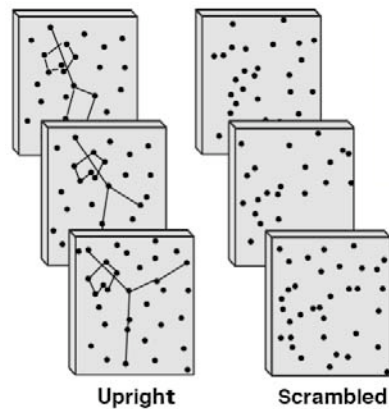
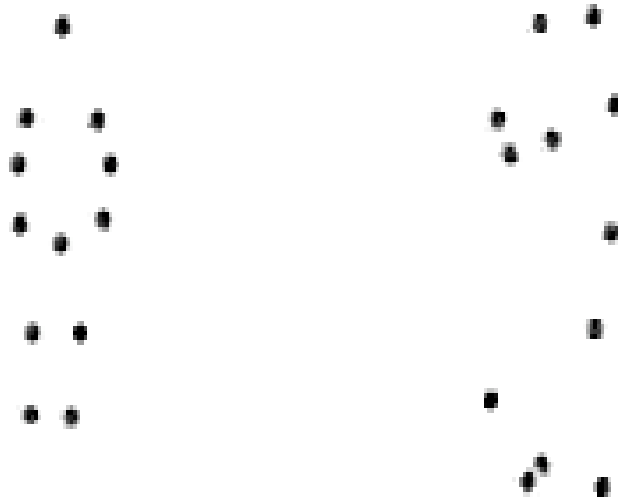
BRAIN STRUCTURES MAY SERVE AS ANTENNAS (PICK-UP COILS) OF THE MAGNETIC FIELD - ORIENTATION !

THE EFFECTS OF TMS DEPEND ON THE STATE OF BRAIN ACTIVITY



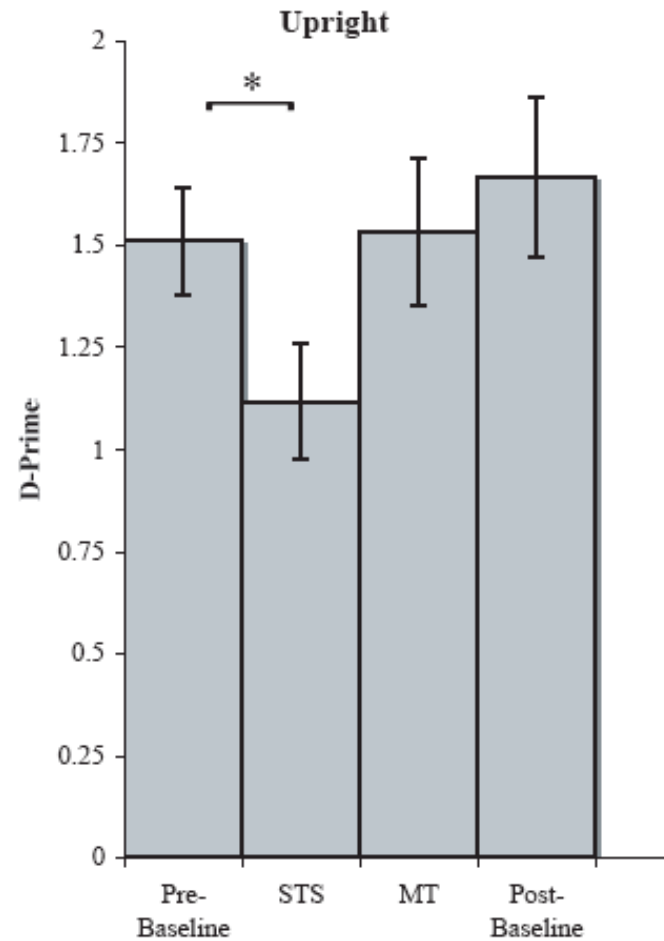
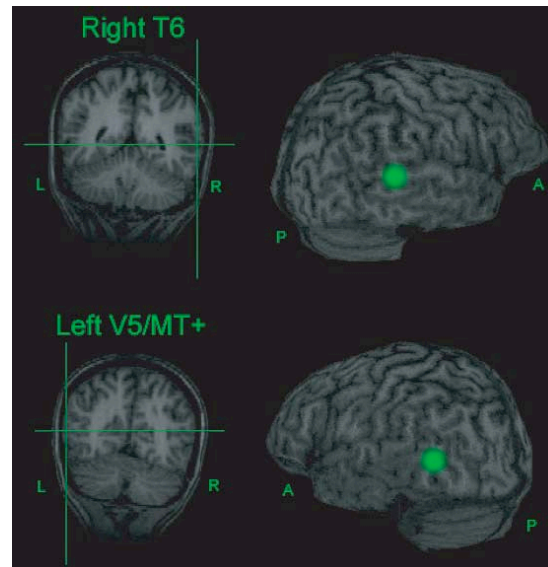
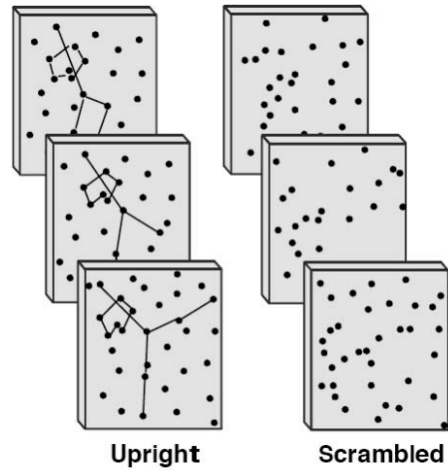
Johansson 1973

Neural correlates of biological motion perception



Grossman & Blake, *Neuron* 2002

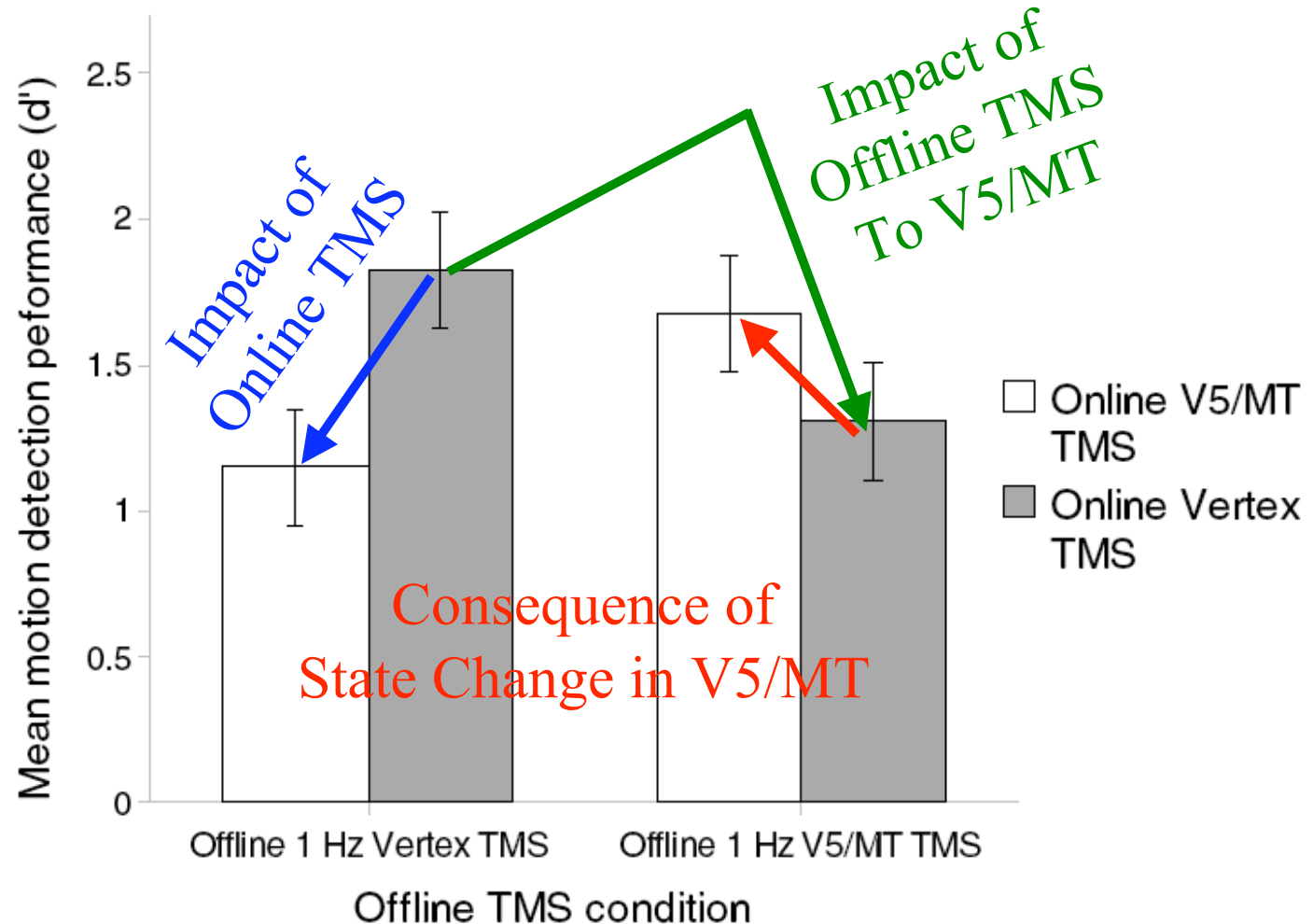
Neural correlates of biological motion perception



Grossman, Batelli, Pascual-Leone *Vision Res* 06

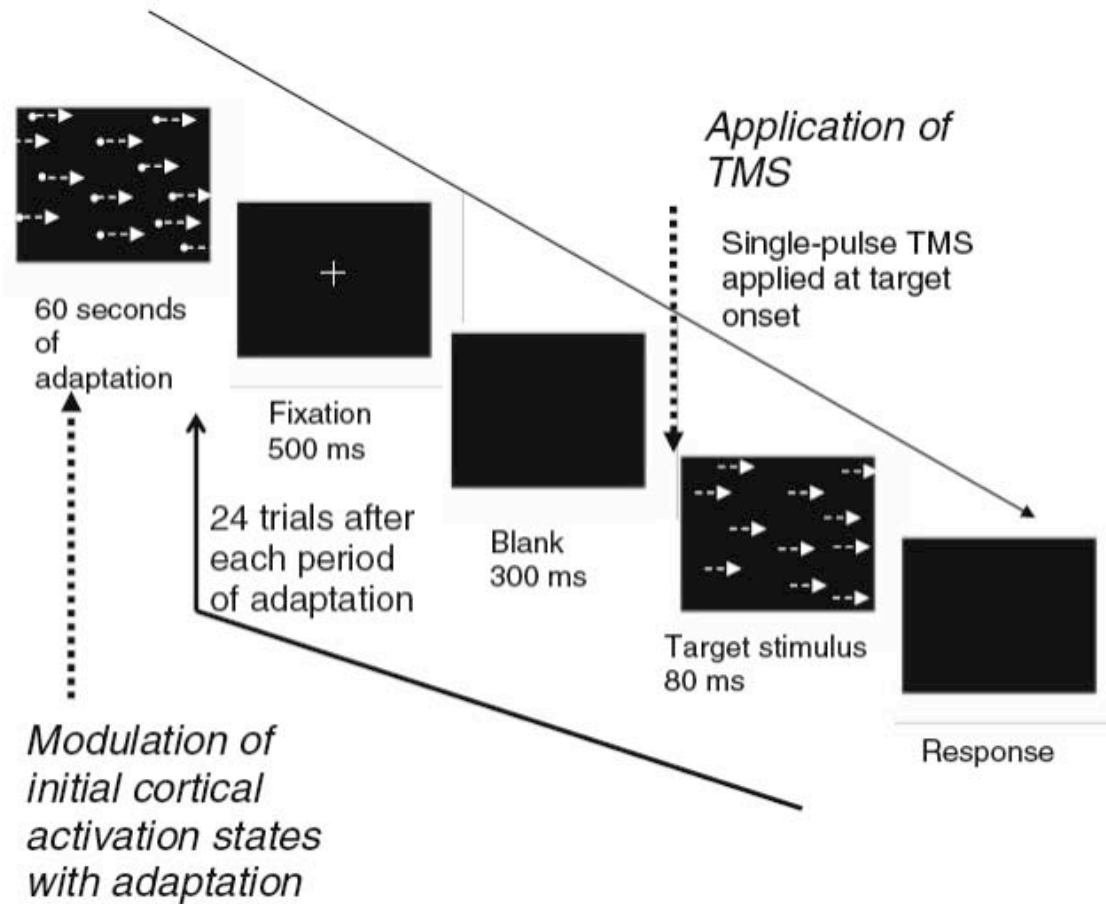
Effects of cortical stimulation depend on functional state of targeted cortex

Does suppression of V5/MT by rTMS change the impact of Online TMS?



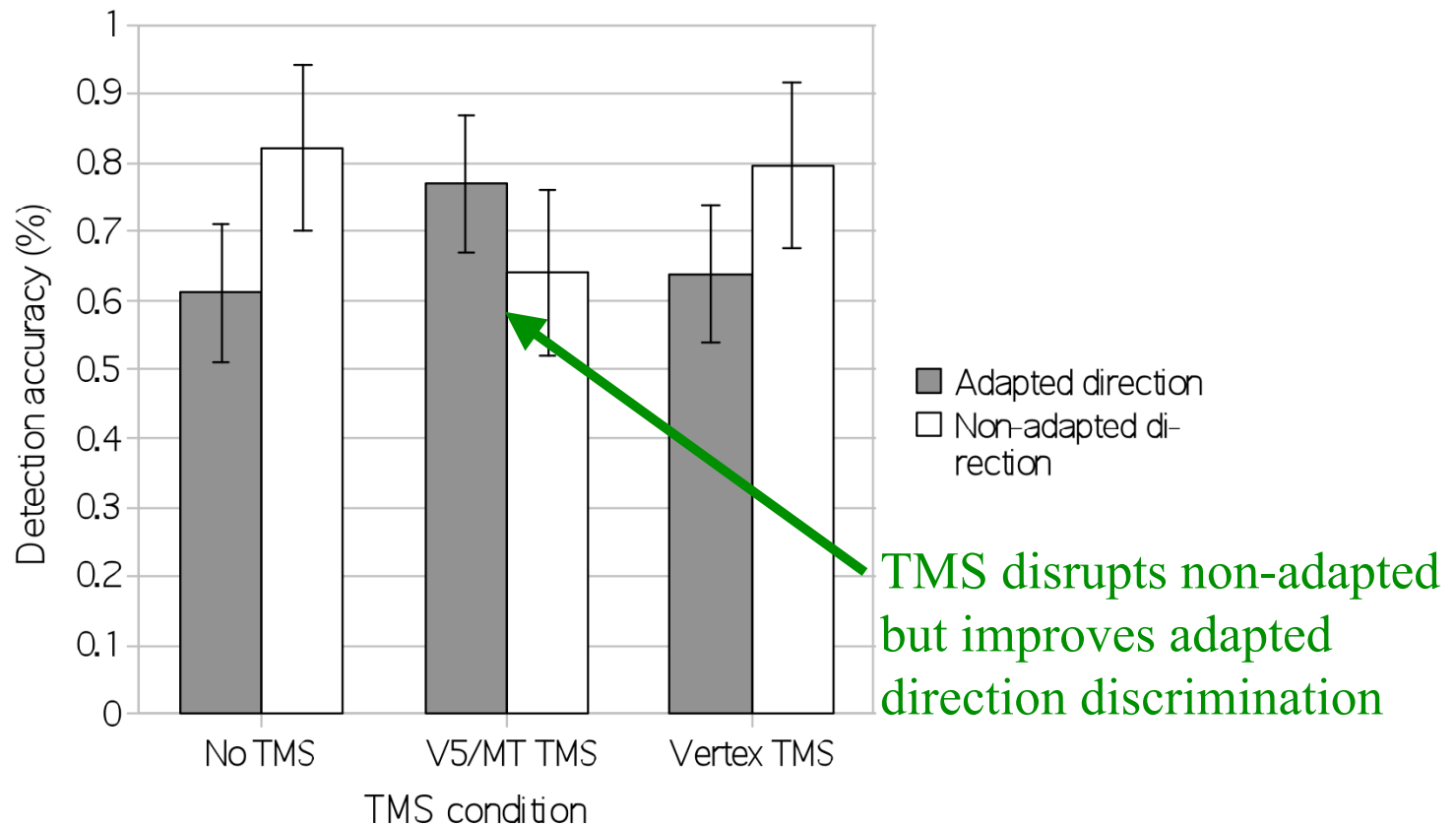
State Dependency For Specific Neural Populations

TMS-adaptation paradigm and motion direction discrimination in visual area V5/MT

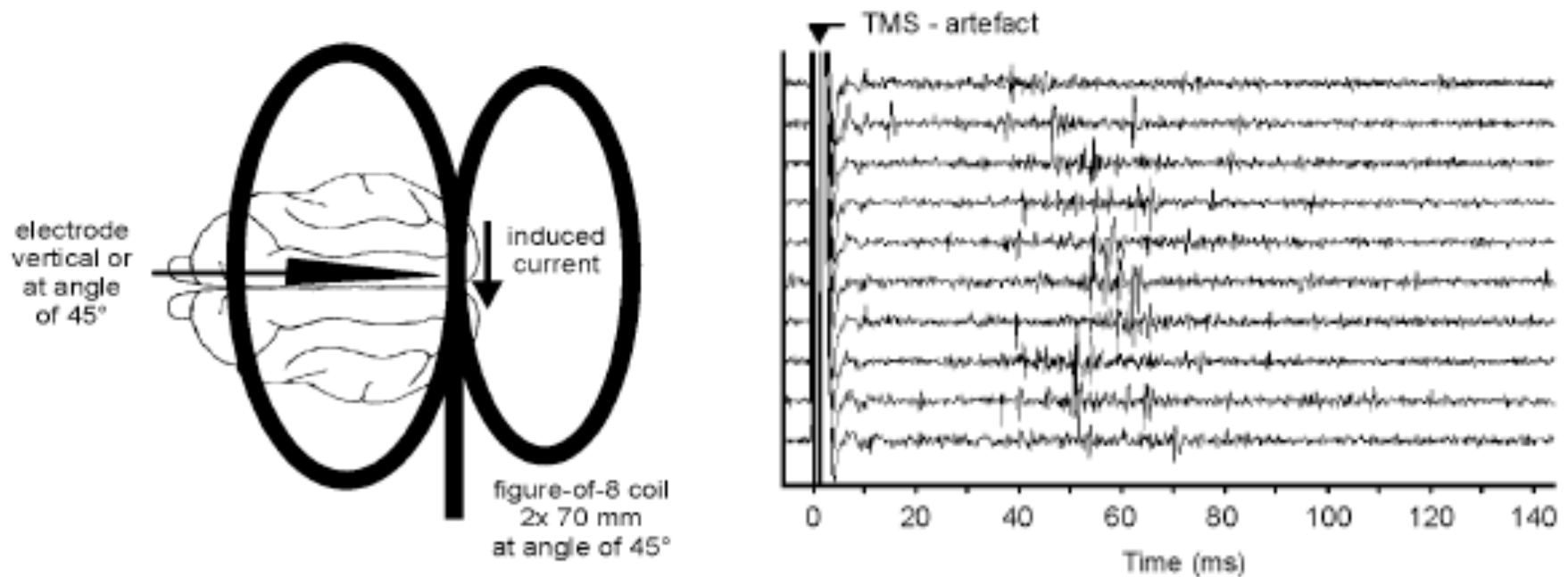


State Dependency For Specific Neural Populations

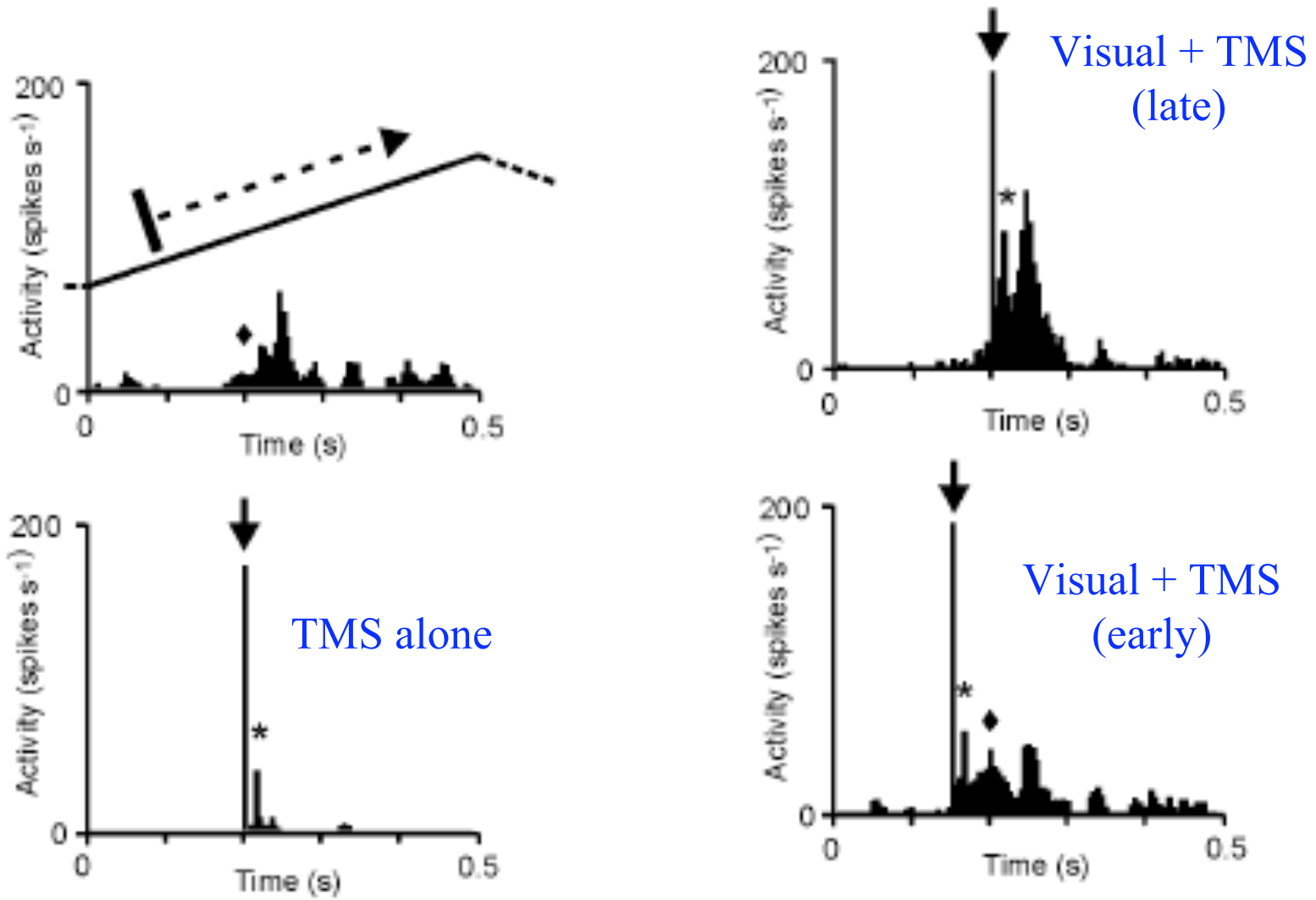
TMS-adaptation paradigm and motion direction discrimination in visual area V5/MT



Interaction with tissue depends on TMS parameters & level of activity of targeted cortex



Effect of TMS on neuronal activity modulated by visual stimuli

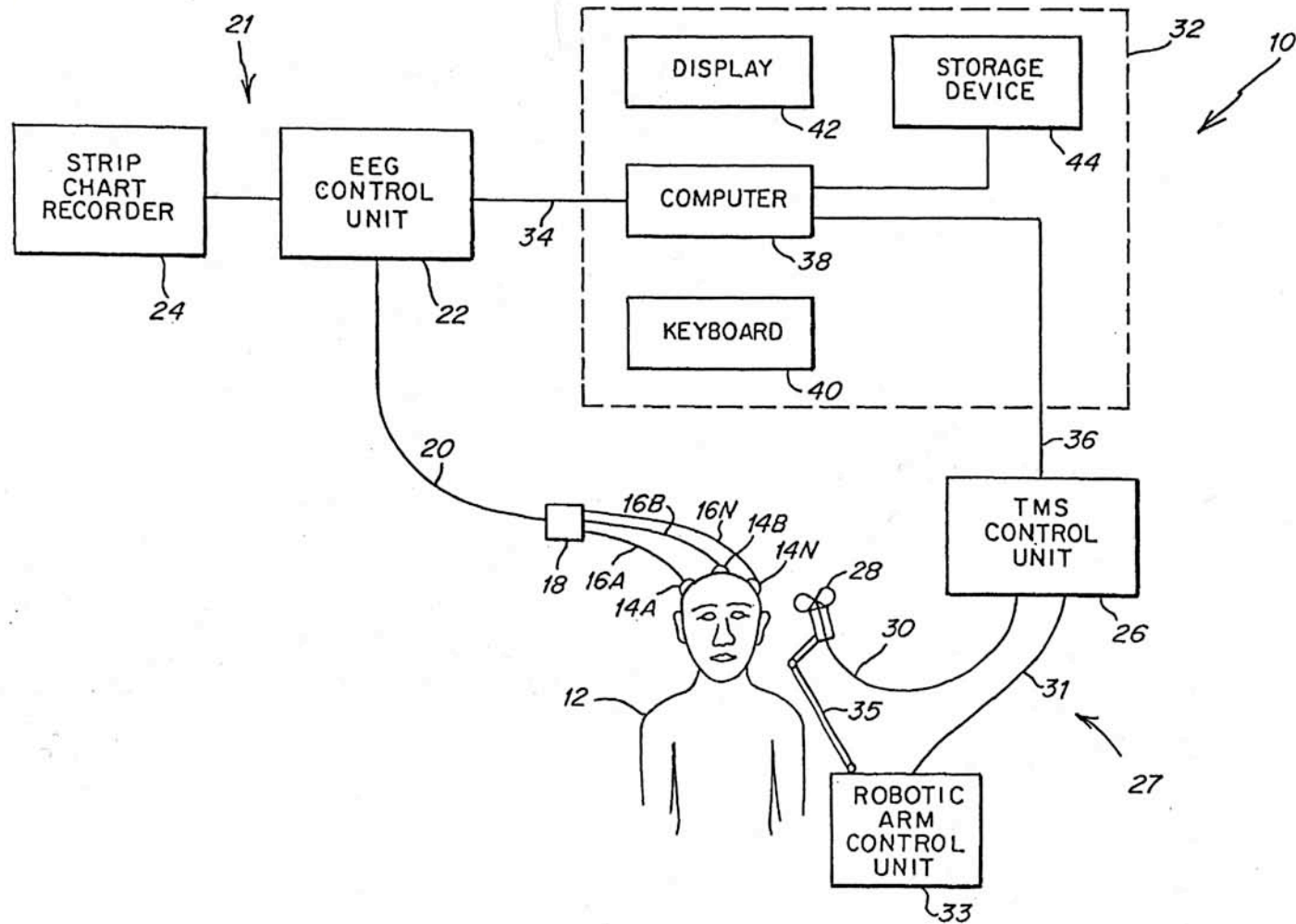


Why is state-dependency useful?

- The behavioral impact of TMS depends on the initial activation state
 - TMS behaviorally facilitates the attributes encoded by the adapted neural populations relative to attributes encoded by other neurons
- Enables differential stimulation of distinct neural populations in the targeted region
- Can enhance functional resolution of TMS
 - From causality to neural selectivity

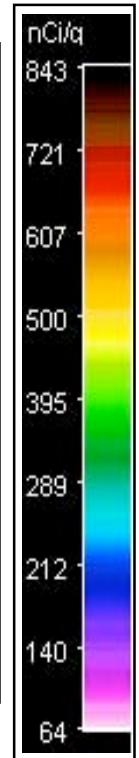
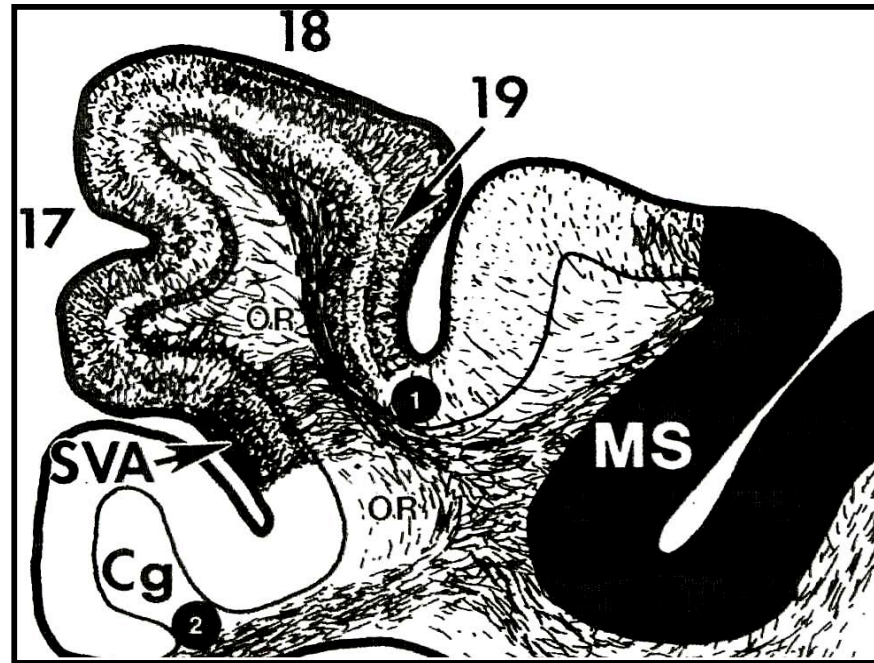
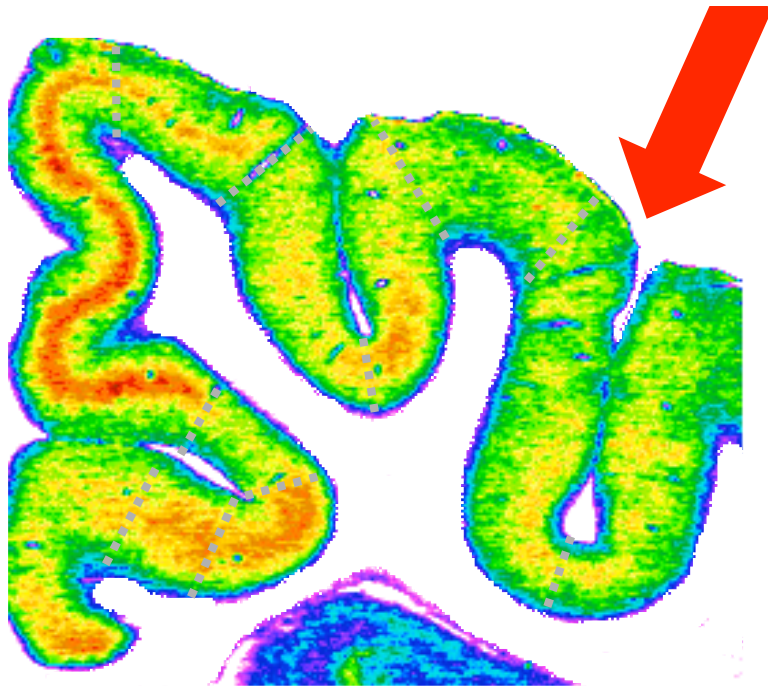
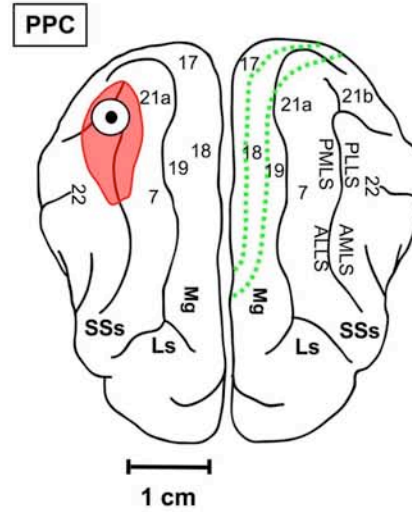
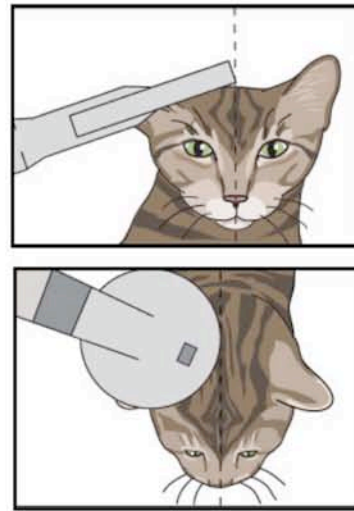
**THE EFFECTS OF TMS DEPEND
ON THE ONGOING BRAIN
ACTIVITY (BRAIN STATE) -
CONTROL BRAIN STATE !**

EEG Gated TMS



U.S. Patent No. 09/067,111
Foreign Patent License BO662/7012

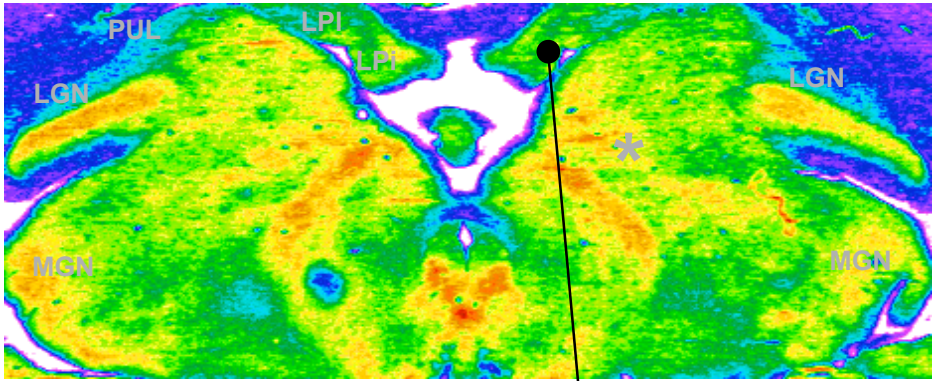
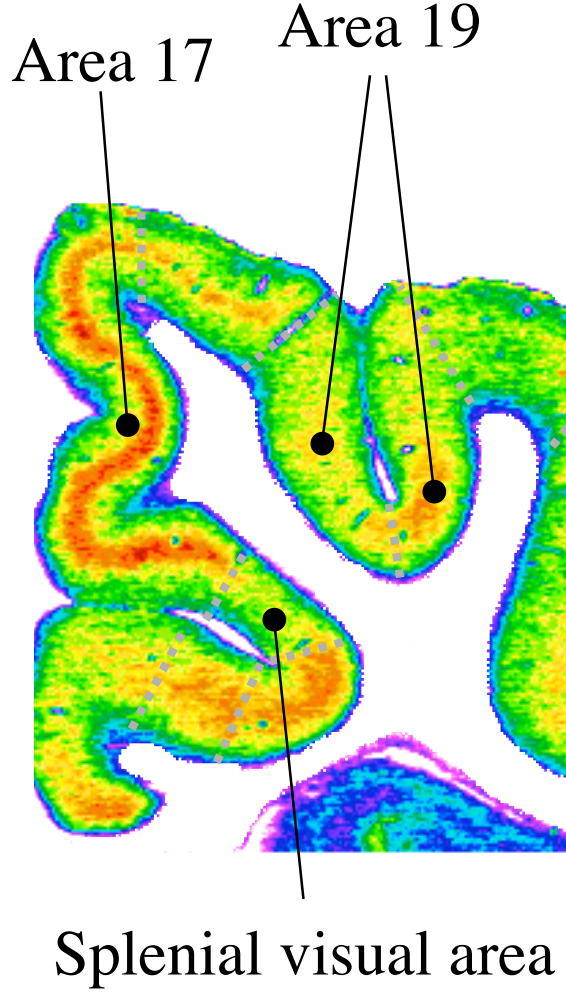
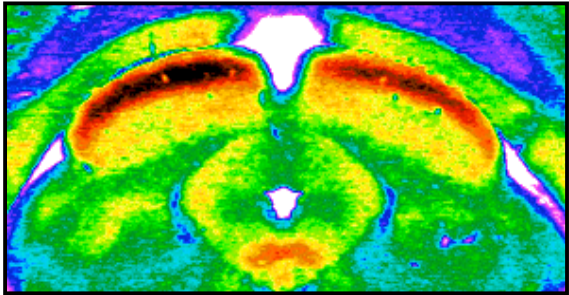
**BIOLOGICAL EFFECTS EXTEND
ALONG SPECIFIC NEURAL
NETWORKS DEFINED BY
ANATOMICAL CONNECTIVITY**



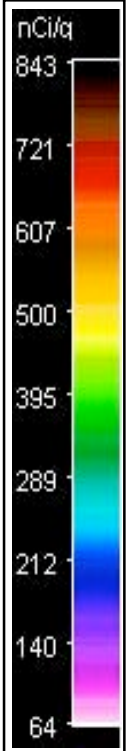
SVA = Splenial visual area • Cg = Cingulate

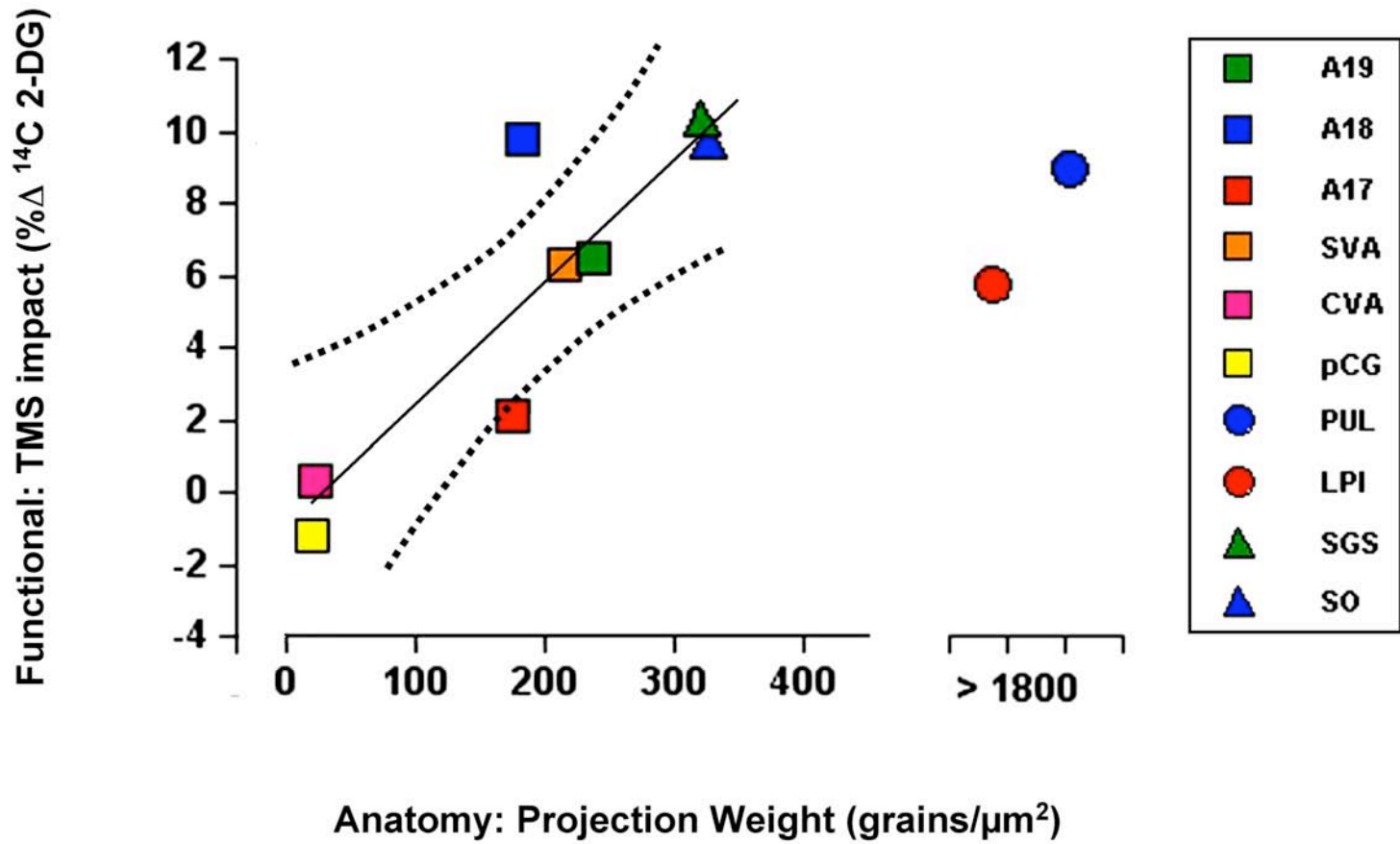


Superior Colliculus



Lateral Post. Complex

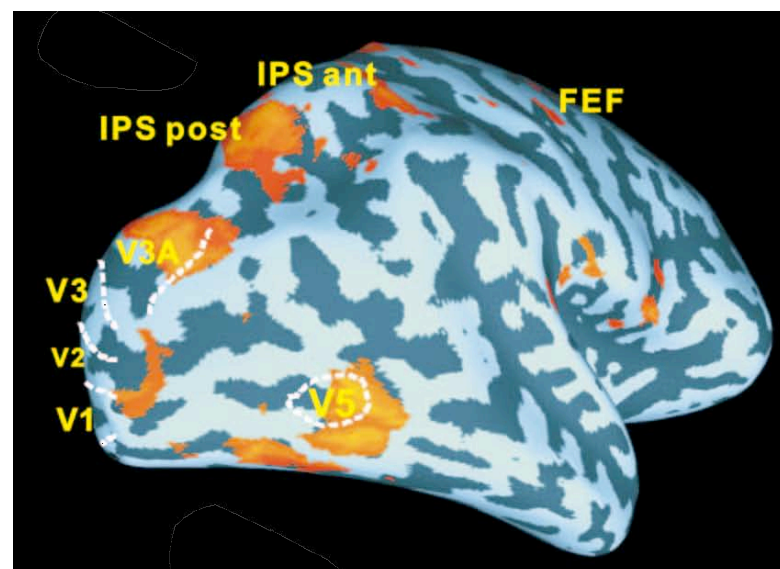
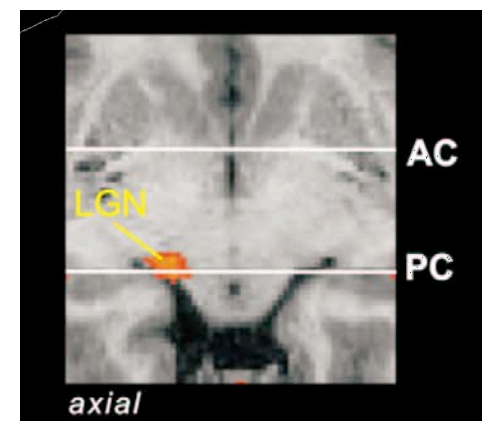
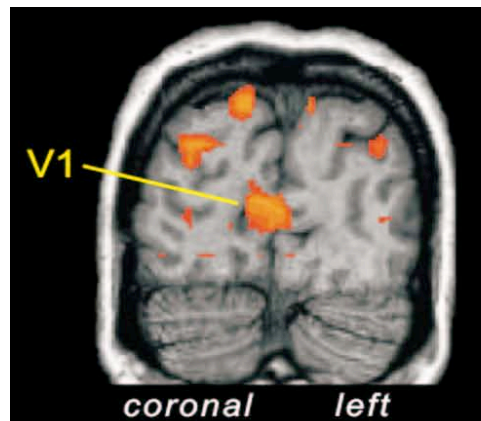
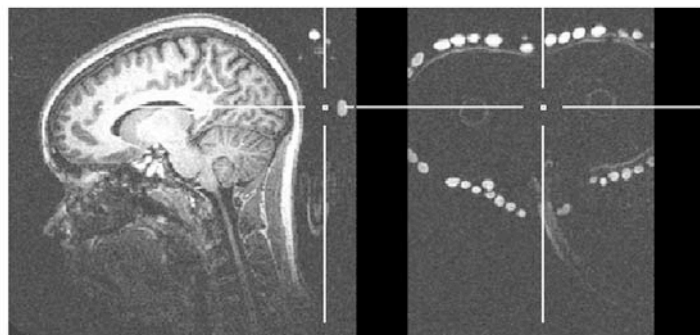






Real-Time TMS-fMRI

In-Vivo Studies of Connectivity Behavioral Independence

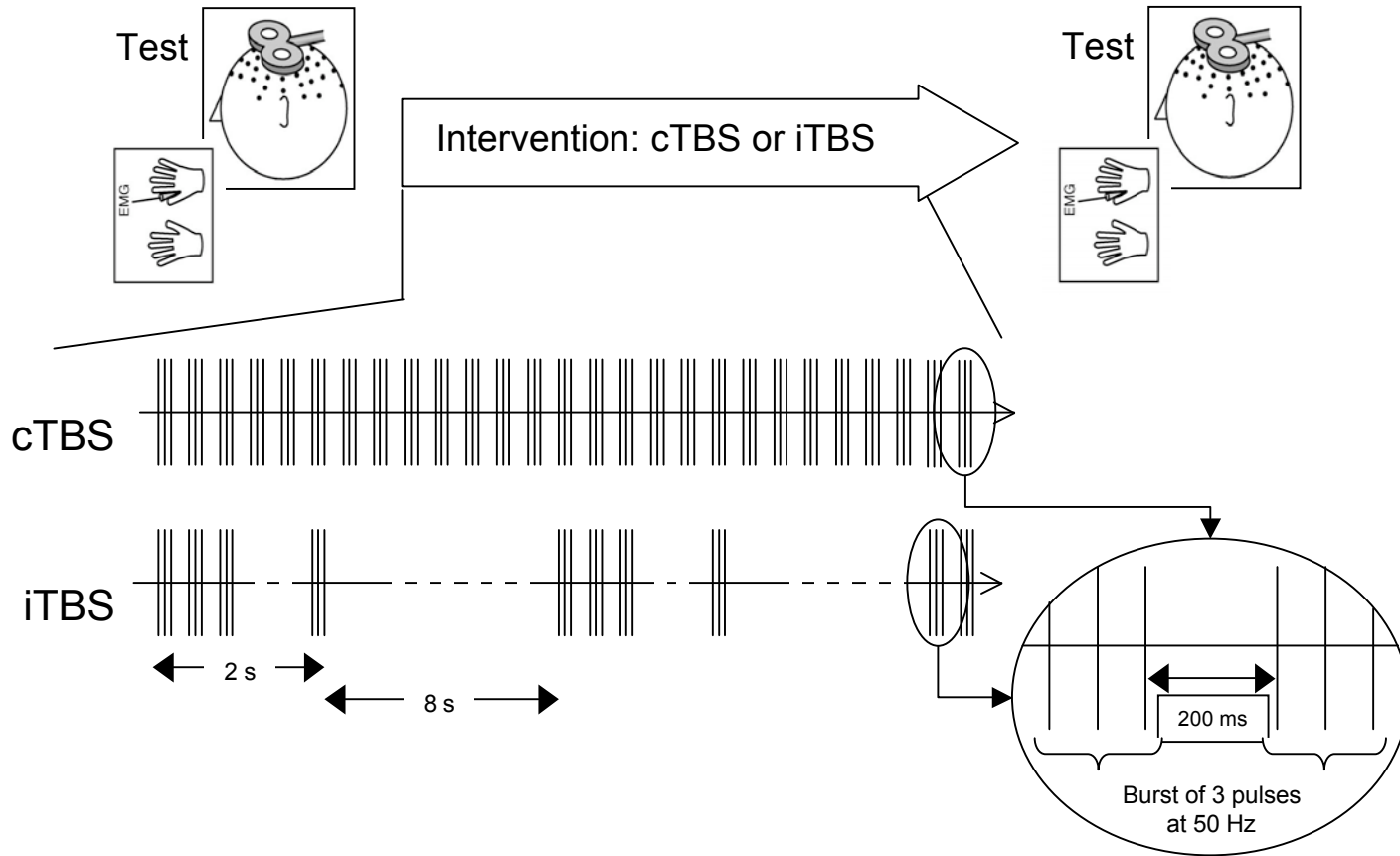


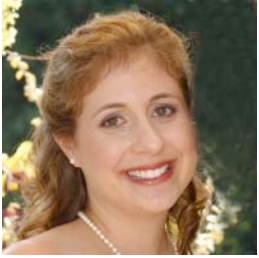
U.S. Patent No. 09/096,725
Foreign Patent License BO662/7013

TMS TO MEASURE PLASTICITY

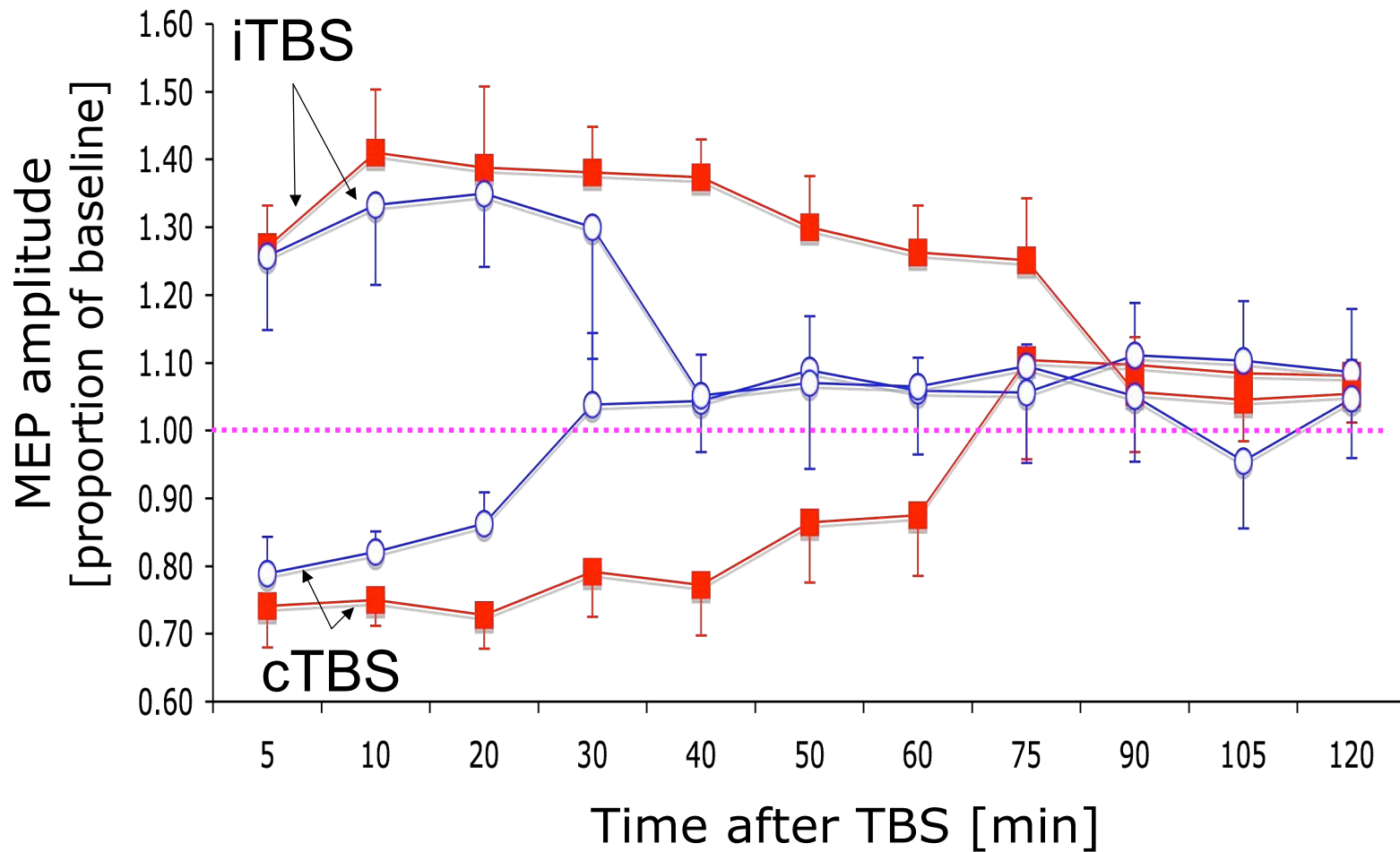
Measuring LTP/LTD in Humans

Theta Burst Stimulation (TBS)

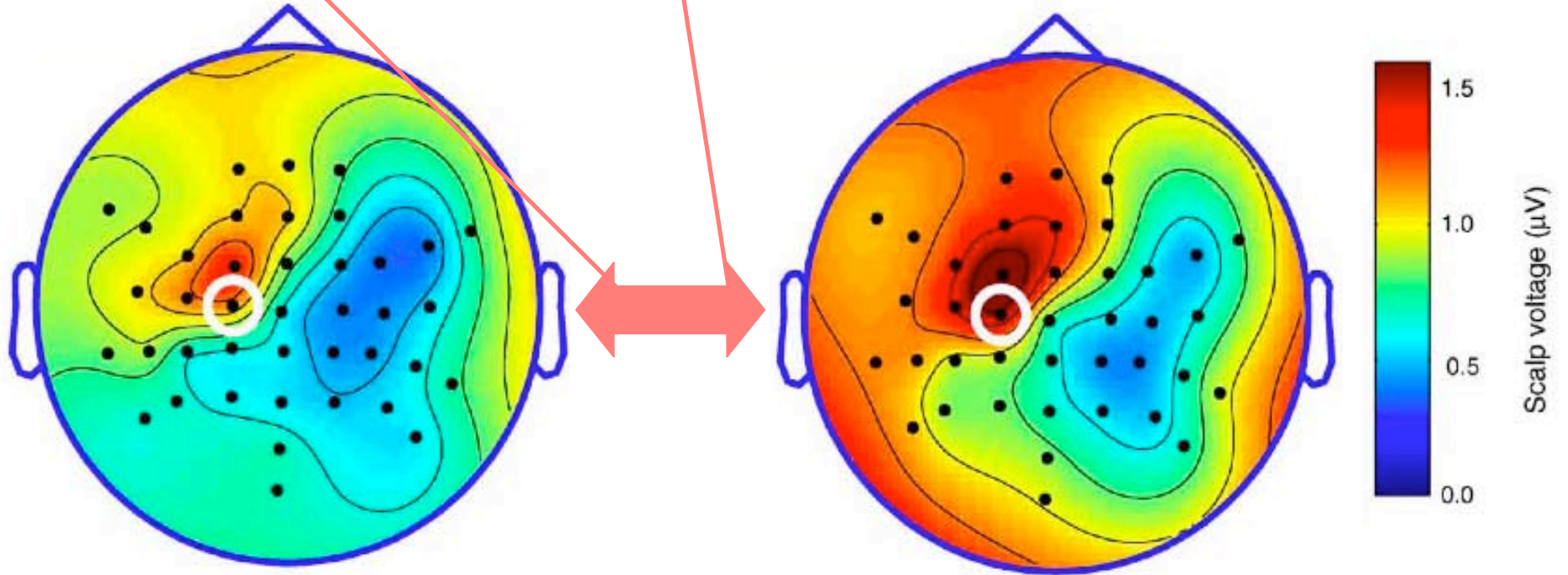
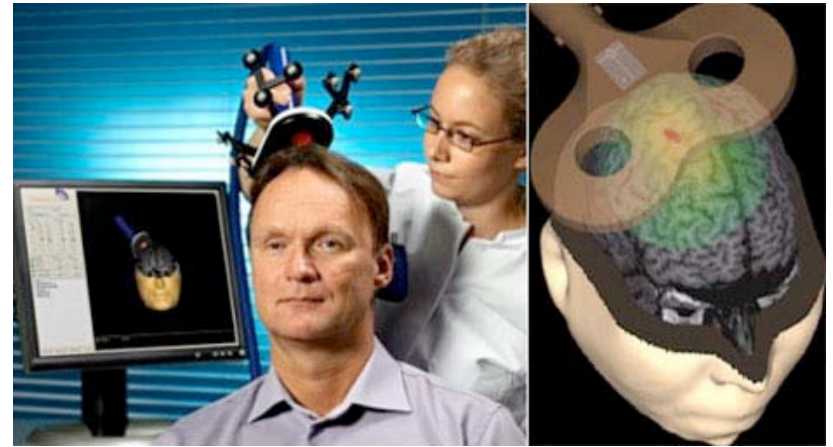




Hyperplasticity in Autism Spectrum Disorders



Intermittent TBS (iTBS)



Before

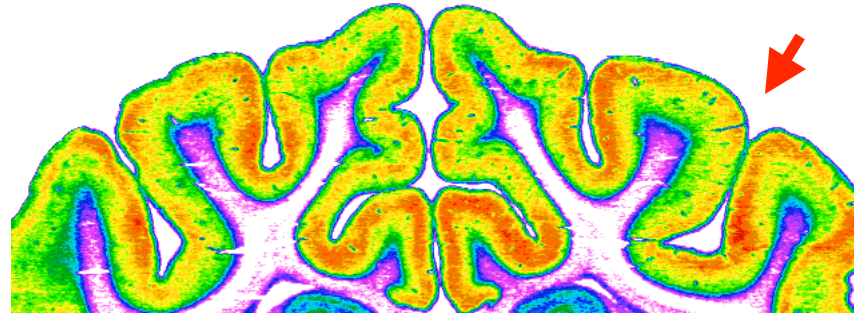
After

**LOCAL BIOLOGICAL EFFECTS
DO NOT ACCOUNT FOR THE
BEHAVIORAL IMPACT**

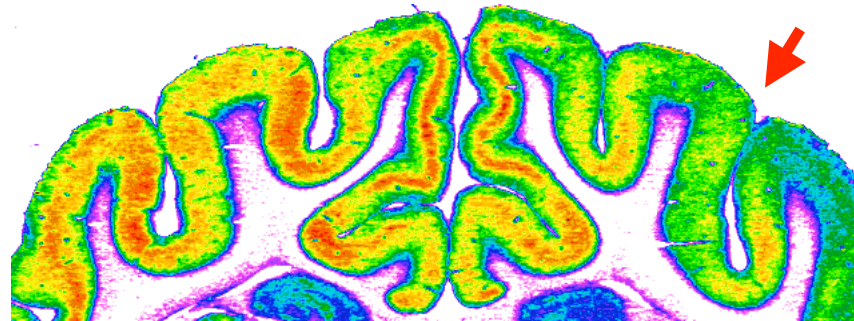


Off-line rTMS: Differential local impact depending on stimulation frequency

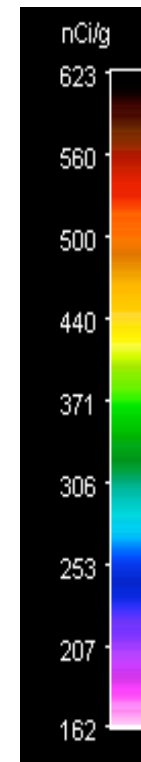
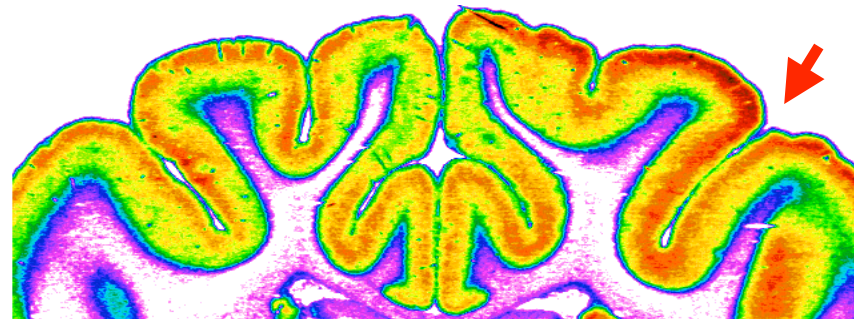
Sham
TMS



1 Hz
TMS



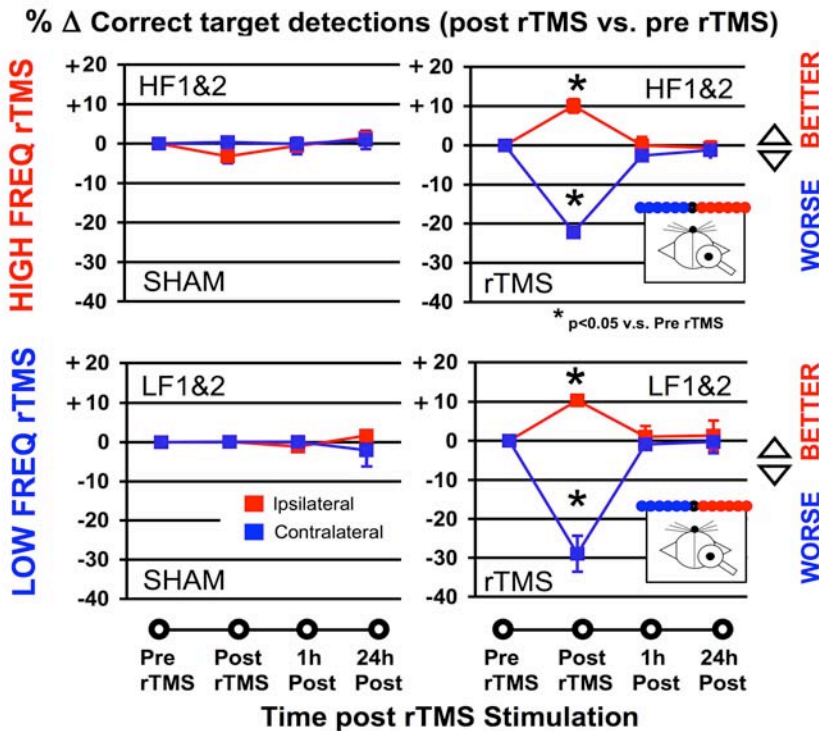
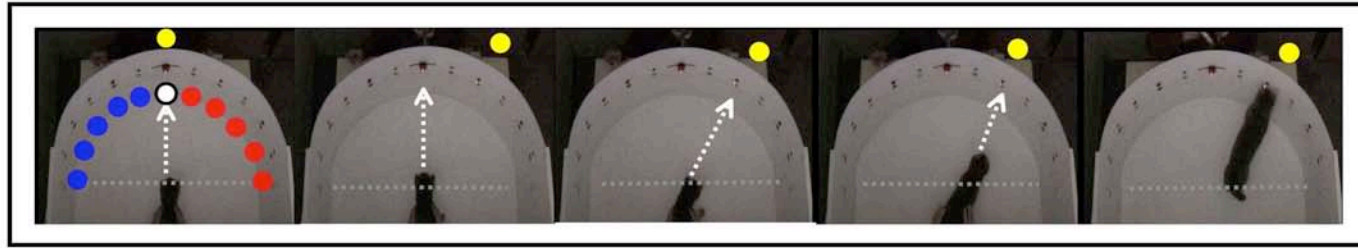
20 Hz
TMS



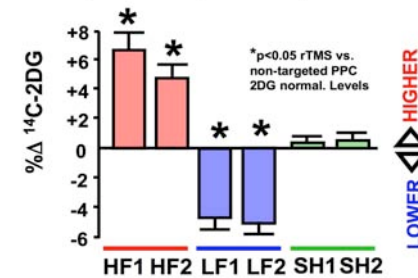
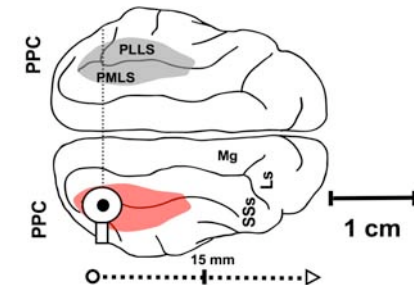


Valero-Cabré,
Rushmore, et al

Same behavioral consequences despite opposite local impact

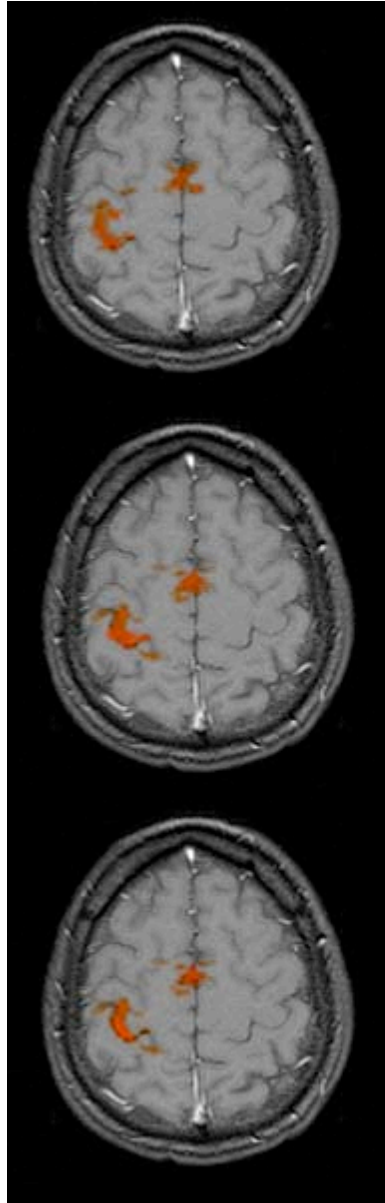


HF=High frequency rTMS 1&2
LF=Low Frequency rTMS 1&2
SH=Sham rTMS 1&2



BEHAVIORAL EFFECTS OF TMS
REFLECT THE CAPACITY OF
THE REST OF THE BRAIN TO
ADAPT TO THE FOCAL
DISRUPTION

Before

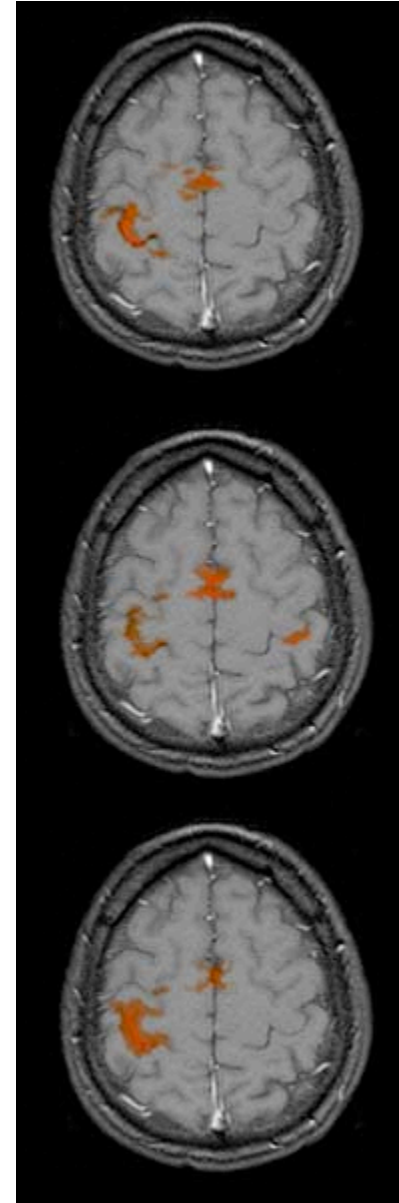


Sham
rTMS

1 Hz
rTMS

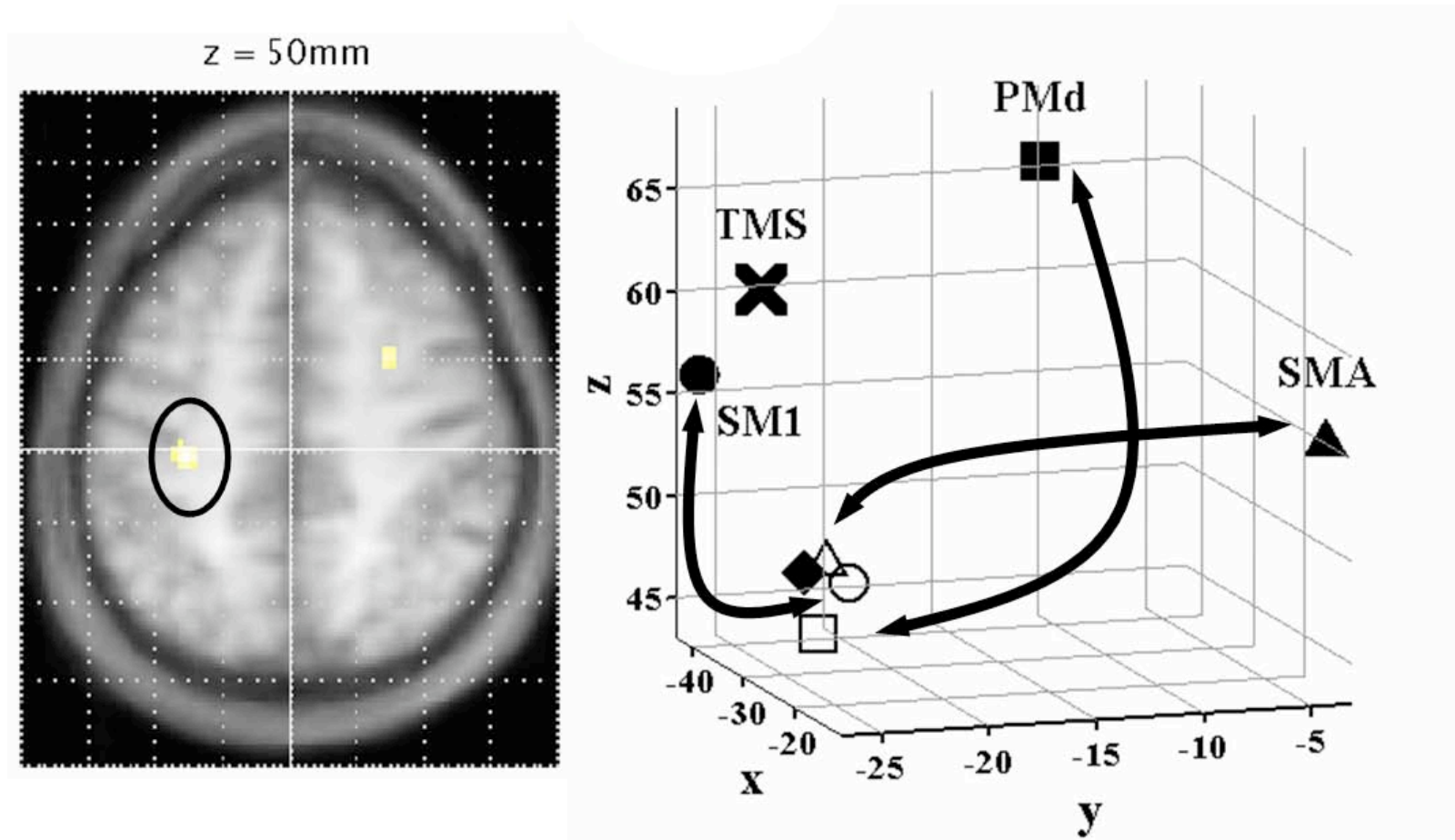
10 Hz
rTMS

After



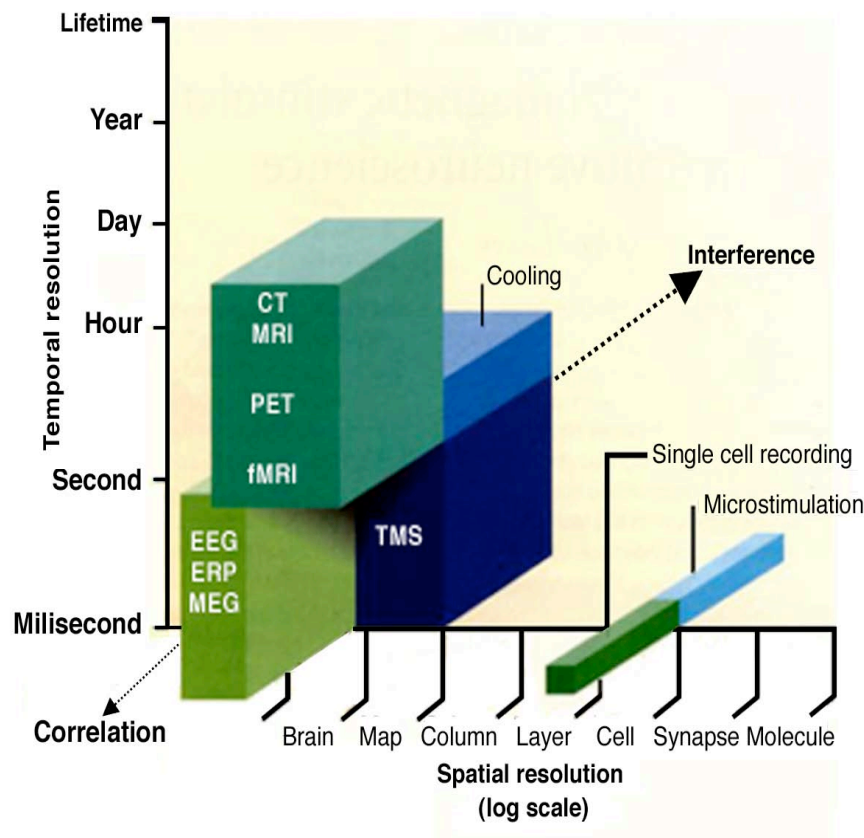
rTMS to M1; subthreshold intensity; 1600 stimuli

Maintained Behavior Despite Disruption By Rapid Shifts in Connectivity



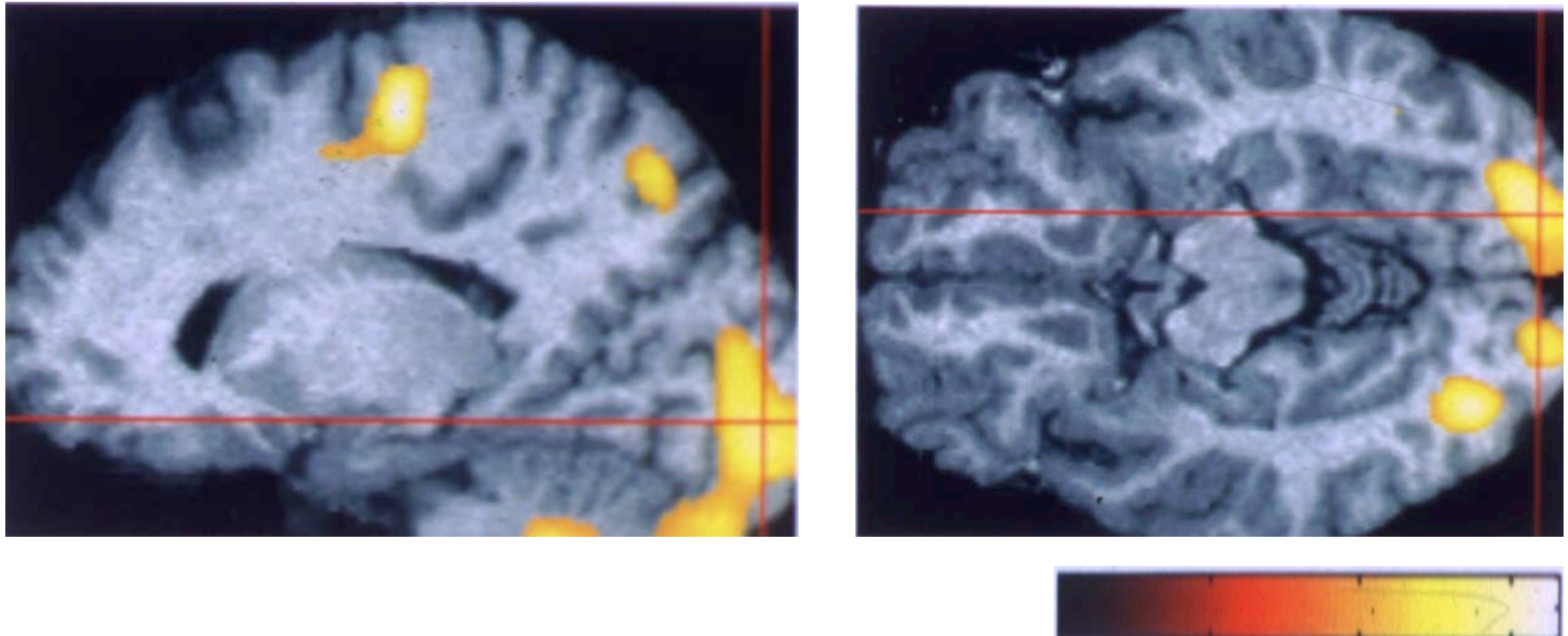
**BRAIN STIMULATION
PROVIDES INSIGHTS THAT
CANNOT BE OBTAINED WITH
OTHER TECHNIQUES**

TMS: Interfering with Brain Function



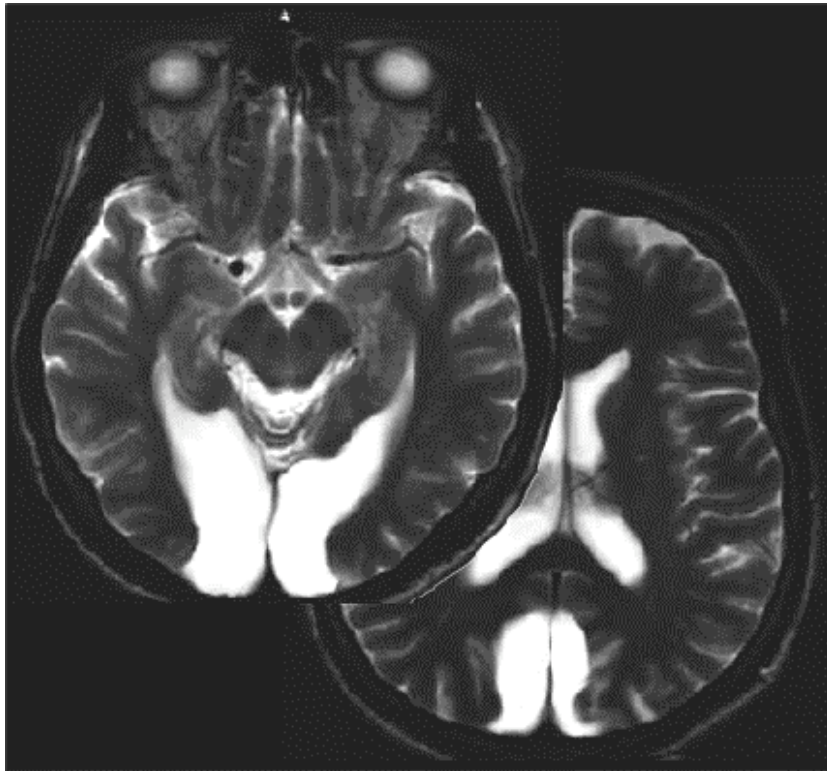
- Brain Imaging ‘helping’ TMS
 - Localization
 - Timing
- Multimodal Integration of TMS
 - Causality
 - Chronometry
 - “Behavioral-independent” Connectivity
 - Adaptation

Activation of the Striate Cortex in the Congenitally Blind



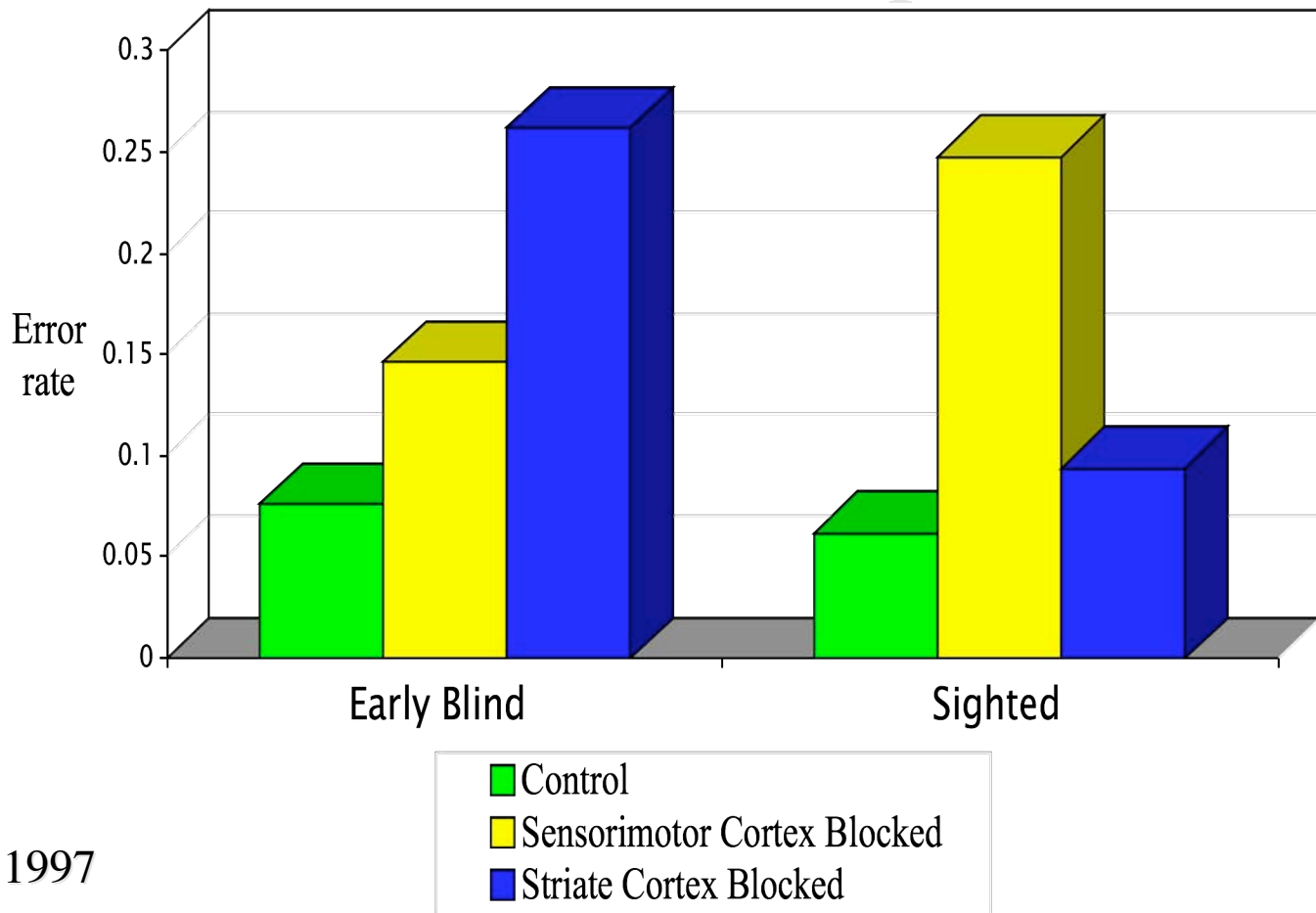
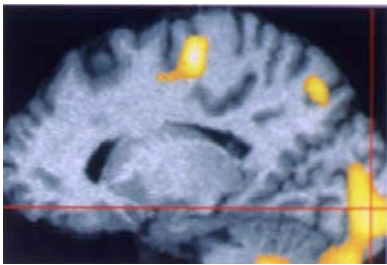
Sadato et al. *Nature* 1996

Activation of the Striate Cortex
is Necessary
for Braille Reading in the Blind:
Serendipity of Nature



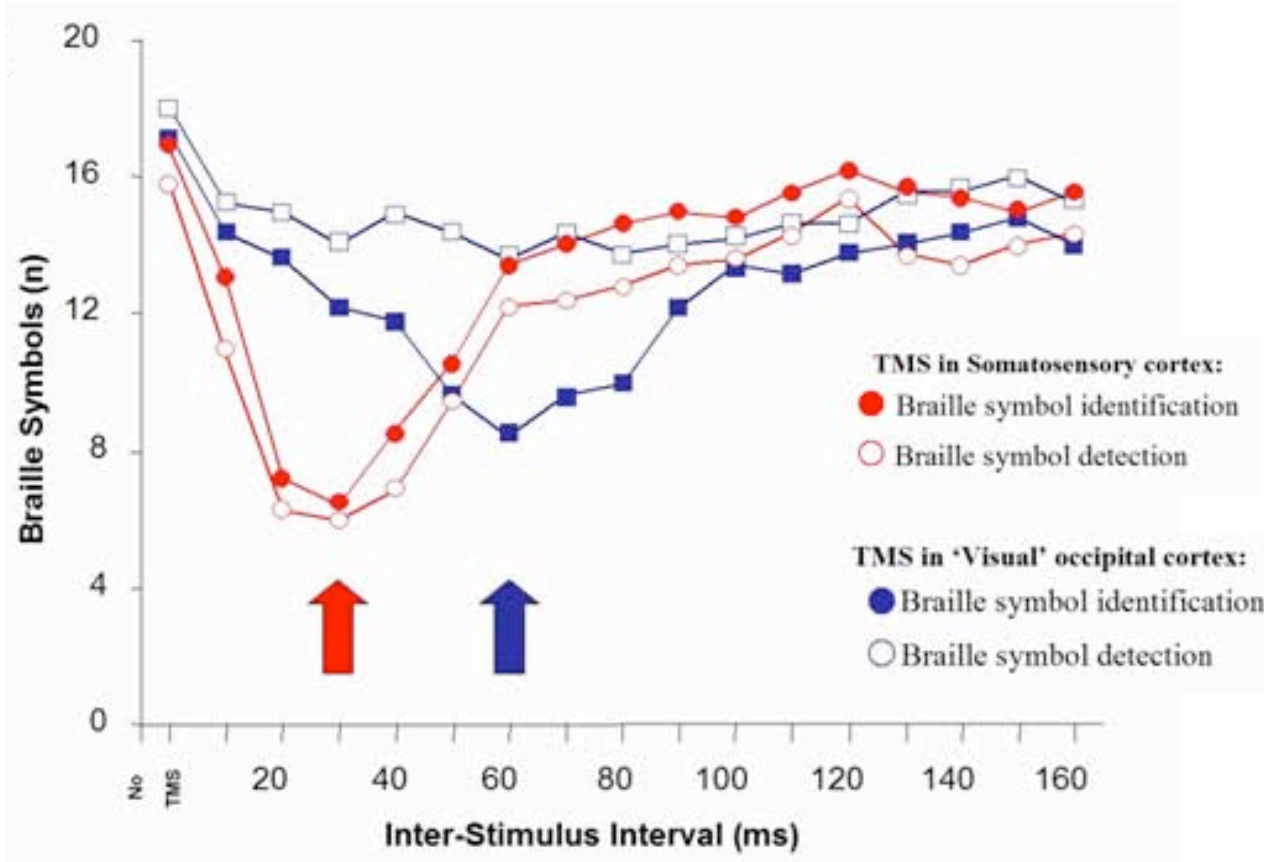
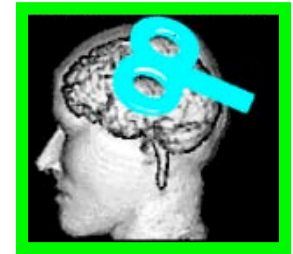
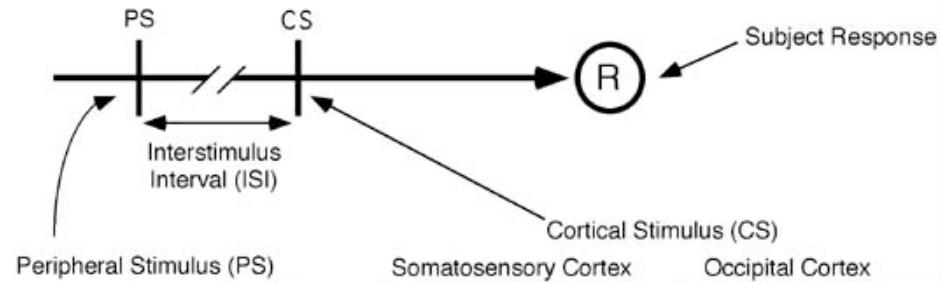
- 63 y/o woman
- Blind “since birth”
- Braille since age 7
- Braille 4-6 h/d
- Unable to read Braille after transient coma
- Normal neurological exam

Activation of the Striate Cortex is Necessary for Braille Reading in the Blind: Virtual Lesion (rTMS) Experiment



Cohen et al. *Nature* 1997

Detection and Identification of Braille Symbols in Congenitally Blind



Hamilton et al.
TICS 1998

Transcranial Magnetic Stimulation

- Electromagnetic Induction
- Effects of TMS arise from the interaction with the tissue
 - Dose according to current density
- Effects depend on the state of brain activity
 - Opportunity for selectivity of effect
- Biological effects extend along specific neural networks defined by anatomical connectivity
 - Diagnostic Utility
 - Inform study designs and interpretations
- Local biological effects do not account for behavioral impact
- TMS can provide insights that cannot be obtained with other methods